1. How well was the class organized?

 [ ]  Excellent [ ]  Good [ ]  Average [ ]  Fair [ ]  Poor

2. How would you rate your instructor’s content knowledge and expertise?

 [ ]  Excellent [ ]  Good [ ]  Average [ ]  Fair [ ]  Poor

3. How would you rank the ability of your instructor to motivate and inspire you?

 [ ]  Excellent [ ]  Good [ ]  Average [ ]  Fair [ ]  Poor

4. How would you rank the general class environment?

 [ ]  Excellent [ ]  Good [ ]  Average [ ]  Fair [ ]  Poor

5. How conducive was the class environment in helping you meet your personal fitness goals?

 [ ]  Excellent [ ]  Good [ ]  Average [ ]  Fair [ ]  Poor

6. How would you rate this course’s ability to improve students’ skill/knowledge?

 [ ]  Excellent [ ]  Good [ ]  Average [ ]  Fair [ ]  Poor

7. How effective was this activity course in terms of helping you exercise and release tension/stress?

 [ ]  Excellent [ ]  Good [ ]  Average [ ]  Fair [ ]  Poor

8. What are the chances of you continuing this activity/sport on your own?

 [ ]  Excellent [ ]  Good [ ]  Average [ ]  Fair [ ]  Poor

9. How well did the course content meet your expectations for the class?

 [ ]  Excellent [ ]  Good [ ]  Average [ ]  Fair [ ]  Poor

10. How would you rank this class compared to other P.E. classes you have taken?

[ ]  Excellent [ ]  Good [ ]  Average [ ]  Fair [ ]  Poor [ ]  N/A

11. Given the opportunity, would you retake this course or another PE course? [ ]  YES [ ]  NO

12. Would you recommend this class to others? [ ]  YES [ ]  NO why or why not?

13. Would you recommend this instructor? [ ]  YES [ ]  NO why or why not?

14. If you could make changes to this class, what would they be? General comments or suggestions?