

Beaver College of Health Sciences

A yellow swoosh graphic that starts under the 'B' of 'Beaver', dips, rises under 'College', dips again, rises under 'Health', and ends with a small arrowhead pointing up and to the right under 'Sciences'.

APPALACHIAN STATE UNIVERSITY®

Physical Education Activity Program Manual (PEA)

2022

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Appalachian PEA Instructor Information

Physical Education Activity Program Overview	8
Instructor Checklists.....	9
Absences	11
Absence Policy-Faculty.....	11
Academic Integrity Code	11
Accidents	11
AEDs/CPR Mask/Gloves	12
Appalcart.....	12
AP & P.....	13
Application-Online	13
Assistants	13
AsULearn	13
Attendance Policy	16
Audits	19
Background Checks	20
Banner Access	20
Beaver College of Health Sciences	20
Budget	21
Catalog	21
Calendars-Academic.....	21
Cancelling Class	21
Capacity Overrides	21
Classdat	22

Appalachian PEA Instructor Information

Class Photos/Student Information	22
Closings and Cancellations	22
College of Health Sciences	22
Computer Access/Email/Appalnet	22
Computer Databases FT Employees	23
Computer Access	23
Computer-Faculty Laptops	23
Computer Support	24
Computer/Technology Training	24
Contracts	24
Conferences	24
Conflict of Interest	24
Copies	24
Counseling and Psychological Services	24
Course Roster/Email	25
Course Evaluation	25
Course Overrides	26
COVID	26
Curriculum Change	26
CPR/First Aid Certification	26
Credit Limits	26
Disability Services	26
Dress	26
Driving Evaluation	26

Appalachian PEA Instructor Information

Dropping a Course	26
Early Intervention Team.....	27
Email Account	28
Emailing students.....	28
Emergencies	29
Emergency Contacts	29
Equipment/Supplies.....	29
Facilities.....	31
Faculty Handbook	31
Faculty Contract/Hiring Procedures.....	32
Final Exam Period.....	33
First Aid Kits	34
Fitnessgram.....	34
Forms	35
General Education Wellness Literacy.....	35
Google Forms	35
Grading.....	35
Grade Forgiveness.....	37
Grade Appeal Procedure.....	37
Human Resources	38
Housekeeping	39
ID Cards	39
IDEA.....	39
Information Technology Services.....	39

Appalachian PEA Instructor Information

Injuries	39
Instructional Assistants	39
Instructor Hiring/Paperwork.....	40
International Trip Courses	40
Learning Technology Services	40
Logo/QR Code	41
Mail	41
Maps	41
Map-Works	41
Media Services	41
Medical Forms.....	41
Medical Withdrawal.....	41
Motor Pool	41
Multi Media Carts	41
Office.....	41
Office Hours	41
Overrides.....	41
Parking Pass	41
Pay.....	42
Peer Review	43
Personal Information/Phone Contacts	43
Photos of Class	43
Policy Manual: Appalachian State University	43
Professional Development.....	44

Appalachian PEA Instructor Information

Programs of Study.....	44
QR Codes.....	44
Recreation Management and Physical Education Department.....	44
Registrar’s Office.....	44
Religious Observances.....	44
Repeats.....	44
Risk Management Plan.....	45
Risk Managers.....	45
Roster.....	46
S Drive.....	47
Schedule.....	47
SDAP Scholars with Diverse Abilities Program.....	48
Student Conduct Code.....	48
Student Development Travel Form.....	48
Student Referrals.....	48
Student Union.....	49
Summer Session.....	49
Survey Monkey.....	49
Syllabus.....	49
Technology Support Services.....	51
Temporary Employees.....	52
Trailers.....	52
Transfer Admissions & Engagement.....	52
Travel.....	52

Appalachian PEA Instructor Information

University Recreation Facilities 53

USTOR/ASU Cloud 53

Vehicle/Van Reservations 53

Waitlist 55

Website 55

Wellness Literacy 55

Wireless Access 58

Zoom 58

Excerpts: Appalachian State Employee Manual..... 59

Appalachian PEA Instructor Information

Physical Education Activity Program Overview.

The Physical Education Activity (PEA) program offers a wide variety of academically-rigorous and innovative activity-based courses that meet Appalachian State's General Education Wellness Literacy requirements.

The PEA program is regarded by many as one of the best in higher education. On average, the program offers over 100 courses in more than 30 activity areas per semester and serves thousands of students annually. The program is supported by over 25 outstanding faculty who are capable of and committed to providing exceptional educational experiences empowering students to pursue a lifetime of activity.

Because the PEA program is committed to enhancing student wellness through activity-based experiences, PEA courses are based on the National Association of Sport and Physical Education (NASPE) guidelines for appropriate practice in college/university physical activity instruction programs.

Accordingly, PEA courses reflect the following premises:

- Education is the central mission;
- Motor skill acquisition and health related physical activity are emphasized;
- Curriculum and instructional practices reflect sensitivity to individual students and societal needs; and
- Values consistent with safe, lifelong participation in health enhancing physical activity are promoted.

Our Vision

The Appalachian State University (ASU) Physical Education Activity (PEA) program aspires to be the premier physical education activity program in the nation.

Our Mission

The Appalachian State University (ASU) Physical Education Activity (PEA) program offers a wide variety of comprehensive, innovative activity-based courses to assist students to become physically literate while meeting ASU's General Education Wellness Literacy Requirements.

The program provides opportunities for students to:

- Assess personal and family health history;
- Develop a personal wellness plan;
- Develop the skills necessary to maintain and/or improve wellness;
- Identify potential barriers to wellness and develop a plan to overcome those barriers; and
- Identify social and cultural influences that impact health on both a personal and global scale.

Our Goals

Students enrolled in PEA courses are expected to develop as physically literate individuals.

The National Association for Sport and Physical Education (NASPE) defines a physically literate individual as one who:

- Has learned the skills necessary to perform a variety of physical activities;
- Participates regularly in physical activity;
- Is physically fit;
- Knows the implications of and the benefits of physical activities; and
- Values physical activity and its contributions to a healthful lifestyle.

Appalachian PEA Instructor Information

Instructor Checklists.

1. Post a welcome message on the News & Announcements on AsULearn: Note the meeting location, meeting dates, introduce yourself, remind them to bring their ID (Quinn/SRC), and provide a course overview. Consider messaging your second half course students and reminding them of the class start date.

AsULearn-course pages automatically become active/visible on the first day of that course. **Students will NOT receive AsULearn announcements if the course is not visible, for example, second half courses may not be visible on day 1 of the semester (change to visible manually before posting a News message).**

2. Provide students with a syllabus. Either via AsULearn or paper. The HCC front desk staff can make copies for you. Use PDF format when emailing the syllabus for copies or posting on AsULearn.

3. Look up your class rosters online before AND after drop/add-record their names. Record attendance, class topics, student behavior, etc., in your class record book or on AsULearn. Keep these records for at least 1 year.
-If students are attending, but are not on your roster, they may be in another section

4. Wellness Literacy Modules: Every single student who is receiving a grade must complete the modules to pass the course. Remind students that modules less expensive if purchased online. Purchasing online also provides instant access-ordering from the bookstore often involves a week delay if the code is mailed to the student.

5. Have any student with a medical concern complete the Medical Information form keep these with you at all times in class. Inform the PEA Director of any significant medical issues. Outdoor courses should collect more in-depth medical information on the Medical Extended Trips form from every student.

6. Fitness Assessment-Talk to your students about the purpose of the assessments and the HFZ.

7. Complete "Alternate Instruction Form" anytime you miss/cancel class (does not apply when App cancels).

8. Complete an accident report and submit to PEA Director for ANY accident/incident. This applies even if there is no visible injury. This is separate from the UREC accident report.

9. Do not sign or approve late adds or course cap overrides without approval of the PEA Director.

10. Do not give the exam/fitness tests, or have assignments due on the final day of class. If a student misses class or classes are cancelled it will be very difficult to track them down.

11. Connect your ASU laptop to the Ethernet (hardwire) once every 2 months to renew the software license.

12. Link the course evaluation on your AsULearn page. Use class time to allow students to complete the course evaluations online on their phones.

See more under Faculty Helpful Hints (about page 30)

Emergencies:

1. Carry a CPR mask and student medical forms with you.

Ask if you need a CPR mask.

2. Keep this manual with you while teaching class.

Appalachian PEA Instructor Information

Additional Items for Off-Campus Outdoor Courses

1. Courses meeting outside of regular semester dates (ex. winter break) must fill out: Academic Course Meeting Dates Exception form and email it to the director prior to the start of the semester. Submit with schedule in semester prior.
2. Travel forms for PEA course trips are typically filled out by the PEA Director.
3. Post the trip dates in your welcome message. Ask students to ensure they do not have a conflict with the trip dates and note that they cannot pass the course if they miss a trip (if that applies to your course).
Post the welcome message in News & Announcements instead of an email in case a student adds late.
Fall: Try to post this 2 weeks before semester start. Spring: Try to post at start of semester.
Students will NOT receive N&A emails from an AsU Learn course that is not visible.
You can hide the material that is not ready and just make the N&A and syllabus visible.
Provide students an equipment list they will need for class trips.
If meeting in the SRC remind students to bring their Appalachian Student ID card.
4. Ensure you have a first aid kit and that it is up to date.
5. Ensure you have all the equipment for your course. Overnight instructors should ensure there is enough stove fuel at least 1 week prior to the trip date.
6. All students in off-campus courses should complete the **RMPE Medical Extended Trips form**.
7. Complete a **Risk Plan**-examples/templates are available from the PEA Director.
8. If traveling overnight-complete the **Student Development Travel form** online.
9. Complete the **UREC Outdoor Programs Equipment Request form** if your students need to check out gear for a trip. This needs to be submitted 2 weeks prior to the trip. There will be no cost for equipment check out. Faculty can also check out Program Gear when needed.
10. Communicate with UREC OP if your course uses “Program Gear” like kayaks to ensure it is available.
Valerie Kankiewicz 828-262-4954 (See “Equipment” section)
11. Ensure your Risk Manager(s) complete the necessary paperwork with the RMPE Department. Ensure your Risk Manager(s) complete paper and electronic timesheets on time. Risk Managers also need a travel authorization, which should be completed with the RMPE admin assistant during the hiring process. If you have questions contact the RMPE Administrative Assistant-262-3149.
12. Check your course destinations. Is the Parkway open? Prescribed burns? Lakes drained?
13. Instructors should cover potential risks with students in writing and verbally.
14. Notify the PEA Director immediately of any accidents or near misses.

Resources are available under Faculty & Staff on the RMPE website.

<https://rmpe.appstate.edu/faculty-staff/faculty-resources>

Appalachian PEA Instructor Information

Absences. See Attendance Policy

Absence Policy-Faculty. See Attendance Policy

Academic Integrity Code. See also Syllabus Policy Statements

Appalachian's policy on academic integrity allows a student and faculty member to work out sanctions for a first offense without a formal referral to the Office of Student Conduct. However, this policy works only if the process outlined in the Code is followed, which includes a record of the sanction submitted to the Office of Student Conduct on the appropriate form.

The forms for addressing academic integrity issues are located on the Student Conduct web site. For questions please contact the Director of the Office of Student Conduct, at extension 2704 or the PEA Director.

Student Conduct Code and Academic Integrity: www.studentconduct.appstate.edu

Accidents. See also Emergencies and Medical Withdrawal (Drop)

Instructor should email the Medical Withdrawal info. (Dropping a course) to students injured in class.

Emergency Contacts (See also Emergencies/Risk Management)

After emergency services have been contacted inform department administrators of any serious injury.

Melissa Weddell	RMPE Chair	864-986-9068	828-262-6303
Edgar Peck	PEA Director	336-749-5993	828-262-6330

Medical treatment should be administered by trained personnel. Students with non-life threatening injuries should be referred to the Student Health Center.

After all necessary medical treatment has been administered, accidents involving any loss of blood, loss of consciousness, or medical treatment should be reported immediately to the PEA Director by calling, texting, or emailing. As soon as possible the instructor should email details/accident report form. The PEA Director will file the accident report with the Safety Office and retain a copy.

Accident Report Information: Name, DOB, ASU ID#, Address, Phone, Date, Time, Location of Accident.

Accident Report should be filled out within 48 hours by the instructor

Electronic form is available on the RMPE website

Accident Report Filing (PEA faculty only need to email the Accident Report to the PEA Director)

Environmental Health, Safety, and Emergency Management Office. Click on Initial Notification of Injury on right. Select Single Sign On Login tab. Sign in. On HR page form is located on left under University Resources.

<http://safety.appstate.edu/>

Appalachian does not provide insurance or pay students' medical costs if they are injured in class. Students can visit Health Services (262-6577) on campus, but there is a limit to the care they are able to provide.

Injuries to University Employees

Employees who are injured while at work should report the injury to the PEA Director immediately via phone and email. Supervisor's Accident Report-fill out within 24 hours.

Appalachian PEA Instructor Information

Initial Notification of Injury Form

<http://safety.appstate.edu/>

Used to notify ASU Human Resource Services and Environmental Health, Safety, & Emergency Management personnel about an on-the-job injury. Form link is on the right side of the webpage.

From Student Development Office

In the event student workers, faculty or staff members suffer a work-related injury or illness in conjunction with approved field trips or other excursions, Workers' Compensation forms (available under the Workers' Compensation heading on the Safety & Workers' Compensation Office website, at:

<http://www.busaf.appstate.edu/safety/workerscomp.html>

Must be completed and forwarded to the Safety & Workers' Comp. Office within 24 hrs of occurrence. Contact the Safety & Workers' Compensation Office at 828-262-4008 if you have questions.

Vehicle Accidents

Vehicle accidents involving damage to University vehicles, damage to other vehicles or objects, or injury to any person should be reported to local law enforcement as well ASU Police and the Motor Pool and the PEA Director by calling 336-749-5993 and via email. Employees should get the Accident Report Number from the law enforcement officer.

Accident Information

ANY requests for information related to the accident from persons outside of the university should be referred to the Director for more information. The instructor should also notify the PEA Director if they receive any requests for information.

Do not provide information on participants' names/personal information, activities, or possible injuries. The following statement can be effective: *"We are trying to gather information so that we can fully understand what happened. Please contact the PEA Director who will be able to give you more information."*

AEDs/CPR Mask/Gloves.

Faculty members should carry their CPR mask and gloves with them while on campus.

AEDs are located in the following buildings:

HCC South Tunnel

Quinn Console/Back Office

SRC Pool

HCC Hallway by room 83

SRC Console/Front Desk

VG Health Promotion

Appalcart.

AppalCart is the transportation authority serving all of Watauga County with ten bus routes in the Boone area, and ten van routes throughout the county. Anyone may ride the AppalCart at no cost on all in-town routes. In addition to the in-town bus service, AppalCart transportation is available throughout the county. Fares are charged by zones on all AppalCart rural routes. AppalCart also makes frequent trips out of the county to destinations such as Wilkesboro, Lenoir, Hickory, Winston-Salem, and Charlotte. These trips are open to the public and range in price from \$10-\$50 roundtrip.

Call 264-C-A-R-T (2278) for more information, or visit: www.appalcart.appstate.edu.

Appalachian PEA Instructor Information

AP & P.

Academic Policy and Procedures Committee (Faculty Senate Subcommittee). Proposals for new courses or course changes procedures are available on the AP&P website: <http://www.app.appstate.edu/>

1. Discuss proposed changes with area director/faculty
2. Discuss proposed changes with department chair
3. Complete proposal. Consult curriculum committee for assistance
4. Submit to department curriculum committee (note proposals deadlines)
6. Approved by department faculty vote
7. Department Curriculum Chair will submit approved proposals to BCHS Assoc. Dean
8. Attend AP&P meeting to answer questions about your proposals

Application-Online.

[Human Resource Services](#) www.jobs.appstate.edu

1. Click “Job Seekers” top left
2. Click “Employment” on left
3. Click “How to Apply” under Temp Employment
4. Click “www.jobs.appstate.edu
5. Click “Create Application” on top left

Online application is NOT completed by faculty teaching activity courses

Assistants. See also Instructional Assistants

AsULearn. See also Learning Technology Services

This can be a great way to communicate with students and disseminate information and documents. The program also records when students visit the site.

If you do not see your courses on AsULearn

1. Ensure you are looking under the correct tab under Course Overview (main page) (for example-“Future”)
2. Access is provided approximately 2-3 weeks after your contract is signed and returned.

Reminders

1. To make changes, add documents, etc. (Gear top right, “Turn editing on”)
2. Make the course and gradebook “visible” to students after you have added your course material.

All courses become automatically become visible on the first day of the course.

Ex. Second half courses become visible on the first day of the second half.

Site Availability <https://asulearnhelp.appstate.edu/course-visibility>

3. **News & Announcements (emails) DO NOT go to students unless the course is VISIBLE (top right).**

AsULearn Support <https://cae.appstate.edu/about/faculty-and-staff>

Sarah Arrington	arringtonsa@appstate.edu	828-262-3023
AsULearn Help Line:	828-262-4357	General IT Helpline: 262-6266

Complete an online request form: support.appstate.edu

<http://asulearnhelp.appstate.edu>

<https://confluence.appstate.edu/display/public/ATKB/AsULearn+Articles>

Appalachian PEA Instructor Information

AsULearn Resource Site

- If folks have an ASU account, they can just click this link to enroll and view the site. [Link](#)
- Since this site is on Projects, folks can also elect to un-enroll themselves, if they do not find it useful.
- Site does not cover everything possible in AsULearn, it focuses on common tools used by faculty just starting to build course sites for F2F or online courses.
- Site utilizes a combination of short, text narrative and videos, separate from the AsULearn Help Page.

AsULearn List Serve

AsULearn for Faculty Google Group. Anyone is welcome to join the group. The AsULearn Google Group for Faculty functions as an announcement list, so folks interested in hearing the latest news about AsULearn or other educational technologies (Zoom, Hypothesis, Turnitin, etc.) on campus can get the word quickly.

To join the AsULearn for Faculty group, simply click this [link](#) and then click the "Join Group" icon. Clicking the link also allows you to see all previous emails/announcements.

<https://groups.google.com/a/appstate.edu/forum/#!forum/group-asulearn>

PEA Developmental AsULearn Page: PEA Template

It should show on your list if you select all courses. This page has resources and documents. To ensure assignment due dates transfer if importing this page, the start dates for both courses must match. Go to the gear and then settings for the course, check the course start date for both. If they do not match, a shift in dates occurs.

Moving materials between AsULearn course pages

Import

If you taught the course in the previous semester, you can use the Import tool to move the content to your new AsULearn course site.

[Help Page](#) [Video Guide](#)

Backup / Restore

Use this method for importing course material from courses taught prior to Fall 2019. You can create a backup, download it, and restore to the blank course that needs the content.

[Help Page](#) [Video Guide](#)

Restore Archive

[Video Guide](#)

The Sharing Cart

Moving individual items between different AsULearn course pages (exam, assignments)

<https://youtu.be/YzINrZkg79c>

Attendance

[Help Page](#) [Video Guide](#) [Video - Attendance with QR Codes](#)

Announcements

To send a message to all your students, use Announcements, NOT email/quick mail. This way students can see important messages, even if they add late. The AsULearn site must be VISIBLE for this to be sent.

[Help Page](#) [Video Guide](#)

Appalachian PEA Instructor Information

Quick Mail

Allows you to send email messages to individual students, groups or the entire class, whether or not the site is available to students.

[Help Page](#) [Video Guide](#)

Metacourse allows you to group all the students in several sections together.

Click Participants (left column)

Choose Gear Icon-Enrollment Methods

Add Method-Metacourse

Search and add sections-ensure they are all the same course, in the same half of the semester.

Add all the section numbers in the title of the page to avoid confusion.

Metacourse Help Page

<https://confluence.appstate.edu/display/public/ATKB/Metacourse%3A+Combine+courses>

Meta Links (change spring 2020)

If you have used meta links in the past to consolidate multiple sections into one site, you may have experienced frustration with groups. You may have created all your groups one day, only to have students add your course the next, and then you had to manually locate the folks not in groups and get them placed. We felt your frustration, and our programmers worked to create a solution called, metagroup sync. Now, when students add your classes, they can automatically be added to a group with our new "Metagroup sync" option.

<https://www.youtube.com/watch?v=3fmLKWNFT-I&feature=youtu.be>

AsULearn Gradebook

AsULearn sites do not automatically make the gradebook available to students, in order to allow time for faculty to set up things appropriately. Individual faculty determine gradebook availability. If you have questions about gradebook setup, please contact your college consultant listed below or read our help pages.

<https://asulearnhelp.appstate.edu/support-categories/gradebook>

<https://confluence.appstate.edu/display/public/ATKB/Gradebook>

Grade Calculation

This short video demonstrates how to use the "Perform Bulk Insert" option on the Single View tab of the gradebook. Use this to enter grades of zero for students who have not completed assignments or taken the quiz. This will enter zeros for all the students who have not submitted work to an activity. **This is important because if the grade is a "-," instead of a "0", the student's grade will not calculate correctly.**

<https://youtu.be/yFyWdzZ1N3I>

Automatically Attaching Letter Grades

Be cautious about using this feature. It does not distinguish 92.99 (A-) from 93 (A) for example.

<https://www.youtube.com/watch?hd=1&v=UHFSX5xNpF4&feature=youtu.be>

Adding Videos to AsULearn

<https://www.youtube.com/watch?v=QnKR0DtBcLg&feature=youtu.be>

Kaltura Videos

<https://confluence.appstate.edu/display/public/ATKB/Kaltura+in+AsULearn>

Appalachian PEA Instructor Information

Virtual Idea Factory

Tools to help with: video creation, media graphics, book creator, presentations, etc.

<https://guides.library.appstate.edu/VirtualIdeaFactory>

Attendance Policy. See also Absences

<http://www.academicaffairs.appstate.edu/syllabi>

PEA Student Absence Policy

Please follow the approved syllabus template or contact the PEA Director with changes you make to the policy.

Attendance Advice



Attendance
Advice.docx

Undergraduate Bulletin

Attendance policy relating to participation in University-sponsored activities

As an integral part of the academic program at Appalachian State University, the University sponsors and otherwise supports co-curricular programs, athletic programs, and other out-of-class activities such as field trips. Participation in such activities occasionally requires a student to miss one or more class meetings.

A student who expects to miss one or more class meetings because of participation in a University-sponsored activity has several responsibilities: the student (in person) will notify the instructor in advance of any absence; the student is expected to complete all work missed by making up the work in advance or by completing any compensatory assignment that may be required by the instructor; the student is expected to maintain satisfactory progress in the course; and the student (otherwise) is expected to maintain satisfactory attendance in the class if so required. In the event that a student anticipates that participation in a University sponsored activity will require missing more than 10% of the class meetings, the student is required to discuss this matter with her or his instructor at the beginning of the semester and may be advised to drop the course.

If the above responsibilities are met, it is expected that the instructor will excuse the absence and permit the student to make up missed work in whatever manner the instructor deems appropriate.

Religious Observances. See Syllabus Policy Statements

Early Attendance Alerts. See also Early Intervention Team

Anytime during the semester, but particularly at the beginning, if you become concerned that a student has incurred too many absences and is unresponsive to your attempts to contact them, faculty are encouraged to refer them to Academic Advising and Student Success. They will be glad to assist with your outreach and keep you in the loop. The Attendance Alert Form helps them gather the necessary information.

Attendance Alert Form: <http://studentsuccess.appstate.edu/forms/attendance-alert>

If your concern for a student goes beyond attendance—such as personal or academic—we ask that you review the Quick Referral Guide in order to best connect the student with the appropriate resources.

Quick Referral Guide: <http://studentsuccess.appstate.edu/>

Appalachian PEA Instructor Information

Appalachian Policy

6.3 Student Absences from Class

6.3.1 General Attendance Policy 6.3.1.1

It is the policy of Appalachian State University that class attendance is an important part of a student's educational experience. Students are expected to attend every meeting of their classes and are responsible for class attendance. Since attendance policies vary from professor to professor, students should refer to the course syllabus for detailed information. Regardless of what reasons there may be for absence, students are accountable for all academic activities, and faculty may require special work or tests to make up for the missed class or classes.

In addition, faculty members are required to make reasonable accommodations for students requesting to miss class due to the observance of religious holidays. All ASU students are allowed a minimum of two absences per year for religious observances. Up to two absences for such observances will be excused, without penalty to the student, provided that the student has informed the instructor in the manner specified in the syllabus. Notice must be given by the student to the instructor before the absence occurs and no later than three weeks after the start of the semester in which the absence(s) will occur. Arrangements will be made to make up work missed by these religious observances, without penalty to the student. For the purposes of this policy, ASU defines the term "religious observance" to include religious holidays, holy days, or similar observances associated with a student's faith that require absence from class.

Faculty, at their discretion, may include class attendance as a criterion in determining a student's final grade in the course. On the first day of class, faculty must inform students of their class attendance policy and the effect of that policy on their final grade; both policies must be clearly stated in the class syllabus.

A student who does not attend a class during one of its first two meetings may, at the discretion of the academic department, lose her or his seat in that class. Further, if a class meets only one time per week—e.g., a laboratory or an evening class—the student must attend the FIRST meeting of that class or risk losing her or his seat.

6.3.1.2

A syllabus is to be prepared for each course and distributed at the first of the semester. The syllabus should include the following: an explanation of course goals and objectives, the name of the text and any other materials required of each student, the instructor's office hours, an explanation of how the grade is to be determined, and an explanation of any additional reading, papers, projects and examination which the instructor expects to give or assign.

6.3.1.3

Syllabi for courses taught in the present and previous semester should be on file in the departmental offices and should be made available to students who request them. These syllabi would indicate the structure of courses as they are being or have been taught.

6.3.1.4

If a student does not regularly attend an audited course, the instructor may request an administrative withdrawal grade to be assigned. Instructor should provide documentation to the Registrar with the recommendation.

6.3.1.5

The Student Health Services DOES NOT write medical excuses for students who miss a class for illness or injury. However, faculty may call Student Health Services at (828) 262-3100 to verify the day and time the

Appalachian PEA Instructor Information

student was seen. The nature of the student's illness or problem will not be divulged unless the student has signed the appropriate release of medical information.

6.3.1.6

Classes prior to a university break or a state holiday end with the student's last meeting time for the day preceding the break or holiday.

6.3.2 Attendance Policy Relating to Participation in University-Sponsored Activities 6.3.2.1

As an integral part of the academic program at Appalachian State University, the University sponsors and otherwise supports co-curricular programs, athletic programs, and other out-of-class activities such as field trips. Participation in such activities occasionally requires a student to miss one or more class meetings.

6.3.2.2

A student who expects to miss one or more class meetings because of participation in a University-sponsored activity has several responsibilities: the student (in person) will notify the instructor in advance of any absence; the student is expected to complete all work missed by making up the work in advance or by completing any compensatory assignment that may be required by the instructor; the student is expected to maintain satisfactory progress in the course; and the student (otherwise) is expected to maintain satisfactory attendance in the class if so required. In the event that a student anticipates that participation in a University-sponsored activity will require missing more than 10% of the class meetings, the student is required to discuss this matter with her or his instructor at the beginning of the semester and may be advised to drop the course.

6.3.2.3

If the above responsibilities are met, it is expected that the instructor will excuse the absence and permit the student to make up missed work in whatever manner the instructor deems appropriate.

6.3.3 Emergency Absences.

When a student is out of town and unable to return to campus due to hospitalization, death in the family, or other extenuating circumstances, the student or the student's parents may contact the Office of Student Development to request that professors be notified as to the reason for the absence. This notification is conveyed to the appropriate departmental office as a matter of information only and does not serve as an official excuse for class absence. Only individual faculty members make this determination, and documentation may be requested by the faculty members. The Office of Student Development does not provide this service when notification is received after the absence has occurred. Also, if a student is in town, that student is responsible for notifying the individual faculty members that she/he will be missing class.

Printable PDF of the Appalachian Attendance Policy: <http://academicaffairs.appstate.edu/resources/syllabi>

Statement on Student Engagement with Courses

The following statement has been approved by Faculty Senate/Academic Policies & Procedures Committee. In its mission statement, Appalachian State University aims at "providing undergraduate students a rigorous liberal education that emphasizes transferable skills and preparation for professional careers" as well as "maintaining a faculty whose members serve as excellent teachers and scholarly mentors for their students." Such rigor means that the foremost activity of Appalachian students is an intense engagement with their courses. In practical terms, students should expect to spend two to three hours of studying for every hour of class time. Hence, a fifteen-hour academic load might reasonably require between 30 and 45 hours per week of out-of-class work.

Printable PDF of the Statement on Student Engagement: <http://academicaffairs.appstate.edu/resources/syllabi>

Appalachian PEA Instructor Information

PEA Faculty Attendance/Class Cancellation

Instructor tardiness or absence from class will be considered in the instructor's evaluation and contract renewal process. **Missing class without notifying the PEA Director may affect your contract renewal.**

Sickness/Emergency: If you have to miss class on short notice.

1. Call or text the PEA Director's cell phone (336-749-5993) or email.
2. You should also call the facility and let them know.

The student staff may put up a sign for you.

Quinn-262-3035

SRC-262-2100

Pool-262-8704/2100

Rock Wall-262-4077/2100

Varsity Gym-262-4021

HCC-262-3149/3141

When a faculty member cancels class, he/she should email the PEA Director within 3 working days of the missed class, even if another instructor fills in. It is not necessary to fill out the Alternate Instruction form. It is not necessary to send an email if the university cancels classes. In your email please include the course details and how you will address making time up (another instructor filling in, extra journal entries...etc.).

Wellness Peer Educators: 10 nationally certified student health educators

They are available to come to your classes, halls, teams, club, floors or any student organizations/programs and present on various health issues! Some programs are already created and some can be created and tailored to your objective. To request a program, all you have to do is go to the Student Wellness Center website: <http://wellness.appstate.edu/> and click program request on the left.

We need at least 2 weeks' notice and at least 8 participants (please give us 3 weeks advance for tailor/created programs). For each program we do have selective goals and objectives of what the specific programs are to accomplish for your group that we can share with you. We also do evaluations after each session to make sure those goals and objectives are met.

Practicum Supervisors

At times circumstances arise the morning of class that might cause a practicum teacher to be unable to come to class. If the teacher is in the VG, the other supervisor can supervise both classes.

If the teacher is in the QC/Stadium or SRC MG that person can call/text one of the VG instructors, who will go to the QC/Stadium or SRC MG to fill in. Please include me in the text and ensure you let them know where the class is meeting. If this happens on a IERs day, communicate with Scott about possibly conducting the IERs in the subsequent class meeting.

Please save the mobile phone numbers of the other practicum supervisors and Scott Townsend in your phone. Consider also exchanging mobile numbers with your practicum teachers. The PEA Faculty Manual also has additional emergency phone numbers in it and is available on the RMPE website.

Audits.

Students taking a PEA course for personal betterment may not wish to complete the Wellness Literacy modules, written exams, etc. Students who do not need the credit can AUDIT the course. Students do not receive credit toward financial aid, etc. if auditing. The audit form can be completed via email (Dean's Office-BCHS Advising Director). Audit forms must be filled out prior to, or during the first week of the semester. The grade will appear as AU on transcript. All fees remain the same. **They will not receive a grade/credit.**

Appalachian PEA Instructor Information

Students who are auditing a course do not have to complete course assignments. However, they must participate in course activities during class time and adhere to the student code of conduct.

If a student does not regularly attend an audited course, the instructor may request an administrative withdrawal grade to be assigned. The instructor should provide documentation to the Registrar's Office with the recommendation.

Repeats: Beginning fall 2014 students are only allowed 4 career repeats of any course. If the student audits the course it will not count as a repeated course.

Background Checks. See also Faculty Contract Procedures

Individuals (excluding students) who work as part of the University-sponsored programs or summer camps offered to pre-college age minors are subject to background checks. **New faculty member background checks are initiated by Academic Affairs at the time the contract is issued, not by the department.**

All new employees must complete the background check form prior to employment. Background checks may take up to 3 weeks, complete this form well in advance of expected start date. This includes course assistants and risk managers. Please direct any questions to Nancy Crowell (crowellnd@appstate.edu) Human Resource Services, at 828-262-6520 or Academic Affairs, at 262-7312/7305. Please remember that no one is allowed to begin work until a background check is completed.

1. www.appstate.edu click "A-Z index" on top right
2. "H" for Human Resource Services
3. Click "Employment" on top left
4. Scroll down and click "here" under "Background Check"
5. Click "Background Check Disclosure Form" in bottom center
6. Fill out the form and fax it to: 828-262-6489

Banner Access.

On Campus <http://www.appleap.appstate.edu/>

Off Campus <http://asuvpn.appstate.edu>

Go to the ASUVPN Secure Login area at the bottom of the page and log in with your Appalachian username and password. Note: Select the Internet Native Banner (INB) Web Bookmark, not the AppLEAP link. If you have any problems with using ASUVPN, call our Help Desk at 262-6266. There are also FAQ's and documentation on the ASUVPN website.

Training <https://registrar.appstate.edu/faculty-staff/banner-student-online-training>

Beaver College of Health Sciences.

Resources: <https://healthsciences.appstate.edu/faculty-staff/faculty-and-staff-resources>

Leon Levine Hall
1179 State Farm Rd, Suite 448 (fourth floor)
Boone, NC 28608
828-262-8145

Appalachian PEA Instructor Information

Jenny Cancro, Executive Assistant
cancrojr@appstate.edu
828-262-8488

Carin Pool, Administrative Assistant
poolcm@appstate.edu
828-262-8146

Budget.

Student Development Activity Fund: Code: 334360
Matt Dull, Vice Chancellor 828-262-2060

Molly Kadyk-Bruch 828-262-2060

PEA Budget M:\PEA Share\Budget Updated by RMPE Equipment Manager and PEA Director

E&T Budget

Academic Affairs: Resources-Resources/Policies

Catalog.

Undergraduate Bulletin
<http://www.registrar.appstate.edu/catalogs/index.html>

Calendars-Academic.

The academic calendars are published on the Registrar's webpage.
<http://www.registrar.appstate.edu>

Cancelling Class. See also Absence Policy Instructors

Capacity Overrides. See also course overrides.

In the 4th-5th week of the semester, faculty receive emails from students who are requesting permission to add second half PEA courses. Often the reason is because the student is failing a course, but if they drop, they will be below 12 hours (full-time status) so they want to add your course so that they can drop the other.

Faculty should not override the cap on courses and allow extra students in for several reasons. 1. We have fought hard to keep the course caps low so that the students have a good experience, and faculty are not overwhelmed with the amount of work. If we add students over the cap, this can result in the cap being higher in the future. 2. There are often students on the waitlist for courses, these students have done the correct thing, and we do not want to skip over them. Hopefully the waitlist limits the number of emails you receive.

Here is a suggested response to emails from students requesting to be added.

[Thank you for your interest in this course. The course is full and I cannot override the cap in this course. I hope you are able to enroll next semester.](#)

[If you may be dropping below 12 credit hours for this semester and have questions about how this will affect your financial aid, insurance, dorm status, etc. Please contact the appropriate office on campus. If you have enrolled in and paid for 12+ credit hours, dropping a course mid semester may not impact these areas.](#)

(I suggest you do not list out reasons you cannot override the cap. This will only lead to more emails between you and the student as you debate whether these reasons are legitimate). If you feel the student is in dire need,

Appalachian PEA Instructor Information

have him/her email me and I will consider adding them to a second half PE course after considering the teachers load, equipment availability, room size, waitlist, and course cap.

Classdat.

Used by some instructors to temporarily store files so that students can access the files from the internet. These files are erased each year.

Directions on how to get to this folder from off campus computers.

1. <http://classdat.appstate.edu>
2. After you hit enter/return you will see a simple white page that says "Index of"
3. Click on "FAA/" then on "RMPE"
4. Click on instructor username
5. After you click on one document you will have the choice to "open" or "save", click open and the document should automatically open on your computer, then you can type in the information for your class and save it on your computer then email it.

Class Photos/Student Information.

1. Open Adobe Acrobat, if it is not already on your task bar at the bottom of the screen you can drag the icon down there from the mail page on your computer
2. Begin at www.appstate.edu IN INTERNET EXPLORER
3. Click "My ASU" on top right
4. Click "Web Self Service Login Page" on right
5. Sign in then click the "Faculty Services" tab at top
6. Click "Class Photos" on left and select term and course
7. On the top right, click the down arrow next to "Convert", select "Print Webpage"
8. Wait-this may take a few minutes, click on Adobe, you will see the print preview open
9. Click print or OK

Closings and Cancellations.

The University will provide timely updates on any campus closings or delays due to inclement weather through the following outlets, among others. Do NOT call University Police for weather updates.

Radio: 1450AM, 100.7 FM, 102.3 FM
Television: WBTV (Charlotte), MTN (Mt TV Network)
Telephone: 262-SNOW (7669)
Homepage: www.appstate.edu

College of Health Sciences. See Beaver College of Health Sciences

Computer Access/Email/Appalnet. See also Email Account

New employee are assigned an email account after all contract/HR paperwork is completed. Account information (username/email/ID#) is sent by interoffice mail to the department mailbox after the contract is completed. The letter contains the username, email address and Banner ID#. To create your new account click on Appalnet on the ASU website, then "Password Manager" on left. You will be able to create a new password using your username and Banner ID#.

Appalachian PEA Instructor Information

At times during the summer Appalnet and ASU Email access may be removed for instructors because of a lapse in contract. Instructors who need access should contact the PEA Director, who can submit a Request for Non-Employee Computer Account. Academic Affairs-Annie Leashomb 262-8018. This form needs to be submitted after the faculty contract expires and will be turned off when the new contract is written-therefore it needs to be resubmitted each year. (Form may no longer be required, contact AA 2022).

Submit Request for Non-Employee Computer Account

<https://its.appstate.edu/>

Forms

Non Employee Computer Account

Log In

Information Required

Type of Access (EPA, SPA, AsULearn, other); Department; Dates (full year max); Reason for Account Full Name; Personal Email Address; Phone; Birth Date; Home Address (not PO); Banner ID

Computer Databases FT Employees.

P drive (UStor) (personal file backup/storage)

Google Drive

UStor ASU Cloud

<http://ustorcloud.appstate.edu>

Access CHS-RMPE-M drive-Share Folders and Documents

Laptop Updates from Off Campus Site

<http://asuvpn.appstate.edu>

Bonds to AppState network: Access Appleap; Banner Updates:
Click install on bottom, click yes and always

Controlling/Using your PC from Internet

1. Log into VPN network
2. On left, enter IP address for PC: ex. 152.10.13000
3. Computer must be turned on in your office and required previous set up

Computer Access.

A PE Activity Program instructor office is now located in Varsity Gym room 1A. This office contains a phone, several computers with internet access and a printer. Several tables are also available in this workspace. This space can be accessed at any time by PEA instructors using door punch code 2777.

Computer-Faculty Laptops.

Important: Every 2 months faculty with ASU laptops should plug into a hard wire (Ethernet) on campus, turn on the laptop and log in wait 10 min, shut down. Restart and log in without wire-wait. This will update the software license and passwords. Failure to do this may result in software failures.

New laptops should log on while connected to Ethernet. Also need to register with system.

<https://netreg2.appstate.edu/>

Laptops are usually available for adjunct faculty use. This form is for requesting laptops from ITS for BCHS use. This form must be completed by department administration (PEA Director). If stock is available, the ITS

Appalachian PEA Instructor Information

representatives for BCHS will attempt to refurbish and assign laptops accordingly. If not, you will be directed to purchase a new laptop, in which case ITS will assist through that process.

https://docs.google.com/forms/d/e/1FAIpQLSdZA6Z2T6iDo-kz5UIWD6tmuyv6cRIwrjGMKwd0CrbY3n-UBA/viewform?usp=sf_link

Computer Support. See also **Technology Support Services**

Computer/Technology Training. See also **Learning Technology Services**

Contracts. See **Faculty Contracts**

Conferences.

American camping Association	February	https://www.acacamps.org/
AEE	November	https://www.aee.org/2019-annual-conference
AORE	November	https://www.aore.org/
Coalition for Outdoor Education	February	https://naaee.org/
NAKHE	January	https://www.nakhe.org/
Nat. PE & School Sport Institute	Summer	http://www.nationalpeinstitute.com/
PE and Sport Science	April	https://waset.org/conference/2019/04/boston/ICPESS
NRPA	September	https://www.nrpa.org/
NCAAHPERD	October	https://www.ncaahperd-sm.org/
NC Recreation and Parks	October	https://www.ncrpa.net/
Outdoor Economy	October	https://outdooreconomy.org/
RCRA	November	https://www.rcra.org/
SHAPE America	April	https://www.shapeamerica.org/ (Southern District Jan)
Southeastern ACA	October	https://www.acacamps.org/southeastconf
TALS	March	https://www.theacademyofleisuresciences.org/

Conflict of Interest.

Required of all faculty. Including adjuncts.

<https://researchprotections.appstate.edu/coi>

Copies.

RMPE office personnel (Magdalena) can make copies for you and put them in your mailbox, the office is next to the mailroom in HCC. You can also email the document to the PEA Director who can make copies. Code for PT instructors is 11111. Do as much as possible on AsU Learn-most faculty no longer print syllabi (2021).

Counseling and Psychological Services. See also **Early Intervention**

1st Floor: Miles Annas Student Support Building (Walk in hours available)

(828) 262-3180

counseling@appstate.edu

Appalachian PEA Instructor Information

The Counseling Center offers after-hours on-campus emergency coverage (when school is in session) for trauma and life-threatening situations such as suicide and sexual assault. To activate the system, call the Campus Police Department at (828) 262-2150.

Early Intervention Team <http://eit.appstate.edu/>

Faculty committee that is charged with contacting students who may be struggling.

Course Roster/Email. See also Waitlist

1. Begin at www.appstate.edu IN INTERNET EXPLORER
2. Click “My ASU” on top right
3. Click “Web Self Service Login Page” on right
4. Sign in then click the “Faculty Services” tab at top
5. Click “Summary Class List”-Select Term/Course

Course Evaluation.

Appalachian State has now developed university-wide online course evaluations (Sp 18)

<https://irap.appstate.edu/institutional-effectiveness/online-course-evaluations>

Faculty and their students should be notified of the 10 days the evaluation is available via email.

Evaluations are usually available 1-2 days after final grades are due.

Evaluations can be completed by students on a mobile device.

Taking time to allow students to complete the evaluation in class will improve your response rate.

Put your course evaluation link on your AsULearn page.

<https://youtu.be/weY5SRPZxdw>

- A. Go to the main course page in AsULearn and turn editing on.
- B. Click the 3 horizontal lines (hamburger icon) top left to show the left column.
- C. At the very bottom of the left column click "Add a Block".
- D. Select "Course Evaluations"
- E. Selecting course evaluations adds a block on the right side of your main AsULearn page where students can then click a CoursEval link and go directly to the course survey.

Vivian Thompson IRAP (262-7283) thompsnvk@appstate.edu

Viewing your course evaluations post course

<https://cae.appstate.edu/learning-technology-services/teaching-and-learning-tools/online-course-evaluations>

<https://irap.appstate.edu/institutional-effectiveness/online-course-evaluations>

Select Login to CoursEval

Reports

Reports; Survey Intelligence Report; Edit

Filters tab at bottom; Enter faculty name or username;

Run Report/View

Chair will designate which courses are evaluated on google sheet for first half/second half/full semester. PEA/HPEC practicum courses do not use the AppState course evaluations (Spring 2020-). Instructional Assistance courses can choose to use three alternative questions (varies by Dept). Google sheet-Chair lists program directors' banner ID (Course Admin ID column S) and name (Course Admin Name column T)

Appalachian PEA Instructor Information

Course Overrides. See also capacity overrides.

Faculty should not sign course capacity overrides for students. Many of the course capacities are dictated by the facility agreements with UREC/Athletics. If you believe a student needs assistance registering for a course please refer them to the PEA Director or contact the PEA Director yourself.

Example Email Reply:

Thank you for your interest in a PE course. Unfortunately, the course is full. We do not typically override the caps in PE courses. If you need a PE course try to use the waitlist function, sometimes other students drop.

Banner Student Overrides SFASRPO

COVID.

App COVID Information: <https://www.appstate.edu/recovery/course-delivery/>

App Policy Manual: [https://policy.appstate.edu/Face Coverings in Response to COVID-19](https://policy.appstate.edu/Face_Coverings_in_Response_to_COVID-19)

Curriculum Change. See AP&P

CPR/First Aid Certification.

All activity course instructors should strive to maintain current CPR/BLS knowledge/certification. A Red Cross CPR recertification course is typically held alternative years in August for RMPE faculty. If instructors are unable to attend there are several other courses held on and off campus. Instructors should refer injured students to the ASU Police or Student Health Services. In any emergency call 911/campus police.

Credit Limits. See also Grades

Except for physical education majors, no more than six hours in physical education activity courses may be included within the number of hours required for graduation.

Disability Services.

Maranda Maxey, The Office of Disability Resources

Suite 112, Anne Belk Hall

828-262-3056

<https://odr.appstate.edu/>

Dress.

PEA instructors are expected to dress professionally (clean/neat/ironed). T-shirts do not typically reflect professional dress. Use your best judgment; consider wearing a collared shirt unless you teach in the pool.

Driving Evaluation. See Vehicles

Dropping a Course.

1. Students are allowed a maximum of 4 drops during their academic career at ASU.

- A. Full Semester Courses-drops during first 5 days of the semester do not count toward the 4 career drops.
- B. First Half Courses-drops during the first 5 days of the semester do not count toward the 4 career drops.
- C. Second Half Courses-drops during the first 2 days of the second half do not count toward 4 career drops.

Appalachian PEA Instructor Information

2. Drops beyond the Drop Date require a late drop permission.

- A. The “Last day to drop a first-half semester course” and “Last day to drop a second-half semester course” dates are listed on the Registrar’s calendar (approximately 4 weeks after the start of class).
- B. Students must request a late drop from the Instructor, PEA Director, RMPE Chair, and Dean's office. Late drops are usually only for extenuating hardship circumstances.
- C. Students who have already used their 4 drops, can request a Dean's over-ride to allow another drop. Again, usually only approved in hardship circumstances.

Medical Withdrawal: For students who cannot complete a course due to injury or illness.

1. Student takes his/her medical information and course information to Student Health Services (262-3100) requesting a medical drop. If the request is granted, paperwork will be presented to Student Services Area in the Registrar's office (JET Building). This drop will not count as 1 of the student’s 4 career drops.

Jan 2022

Student Health Services is seeing high COVID numbers and do not want you to be exposed to anything unnecessarily. To request a Medical Withdrawal, sign in to the Student Health Medportal and then send Dr. Taylor Rushing a message detailing that you are requesting a Medical Withdrawal because you cannot continue in your PEA course due to a medical/illness reason. Include the course number, course section, course name and course credit hours. You will also need supporting medical documents/information. Sending a message in the portal will create an electronic record.

<https://healthservices.appstate.edu/>

Early Intervention Team. See also Student Referrals/Counseling and Psychological Services

<http://eit.appstate.edu/>

Reasons to Refer a Student

Excessive class absences

Sleeping in class

Notable decline in academic performance

Change in appearance (e.g., significant weight loss) or and/or decline in hygiene)

Inappropriate or extreme changes in mood (e.g., excessive tearfulness)

Evidence of intoxication (e.g., odor, slurred speech, uncoordinated gait)

Evidence of potential harm to self (e.g., cuts, burns)

Evidence of threats to self or others (e.g., writings, verbalizations)

How to Refer a Student

Make telephone/voicemail contact with the chair of the Early Intervention Team at 828-262-7077. Students may also make referrals through a faculty or staff member. Please do not leave the name of the student or other information on the voicemail; simply leave a message with your name, telephone number, and when you may be reached. Upon receiving the referral, the team's chairperson will contact you by phone to gather information about your concerns.

Ms. Martha A. Marking, Co-Chair, Early Intervention Team

Professor, Department of Theatre and Dance

828.262.7077 (EIT) 828.262.6377 (o)

Appalachian PEA Instructor Information

AsULearn-You can also refer students on the right side of the AsULearn page. Still not sure where to refer? Start with the Attendance and Performance Alert. The Office of Student Success, EIT, and the Dean of Students Office communicate regularly and will work together to ensure the proper intervention for your student.

Email Account. See also **Computer Access**

Changing Email Signature: Begin on your Appstate email page click on Gear (top right). Click “See all settings”. Scroll down.

Email Lists Management

For messages delivered by the University's moderated e-mail list service including ASUINFO, FACULTYINFO, STAFFINFO. After signing in you can opt out of ASUINFO and STAFFINFO emails if you are an instructor.

For information about this list, how to post messages and manage viewing preferences, visit:

<https://www.webapp.appstate.edu/lists>

Forwarding ASU Email to your Personal Account:

1. Log on to Appalnet
2. Click “Email” on top right
3. Click “Options” top center
4. Click “Mail” tab top center
5. Click “Settings” tap top center
6. Under “Mail Forwarding” check “Enable Forwarding”
7. Type in email address you want to use and click “Add”

Emailing students.

AsULearn

NOTE: Emails/Announcements from AsULearn will NOT be sent while the course is “not visible”. You will likely still receive the email, but the message will not be sent to students.

1. News & Announcements: Use this to message all students in most cases. This feature emails the students, and saves the message on your AsULearn page. Be sure to check the box to email the message to the students. Posting the message here allows students to easily see the message anytime they visit the course. Students who add late will still have access to this information. It also allows you to include an attachment. See AsULearn section above for the help page.

2. Emails/Quick Mail: Participants List: Hint, creating a message for all student may not capture students on page 2 if you have a large roster.

Optional Email Policy (Syllabus/Message to Students)

Always check your syllabus first to see if the answer to your question is there before emailing me. Classmates can also be a good resource for answering questions. You will receive a response within 2 business days during regular business hours (9am-5pm). I do NOT check my mail at all on weekends. So if you send me a message after 5 p.m. on Friday, you will not get an answer until Monday morning. I do not open emails with attachments.

I do not open emails without subject lines. I do not open emails written in languages I can't read. I expect complete sentences and won't respond to texting-language (for example, “hey! i need 2 c u”). Please include the course and section number in the subject line (PE 1759).

Appalachian PEA Instructor Information

Emergencies. See also Accidents

Notify PEA Director of any accidents/injuries.

In emergencies contact the appropriate agencies for assistance:

Campus Police Emergencies 262-8000
Campus Police Non-Emergencies 262-2150

App State ALERT-Emergency Notification System

This system will alert ASU faculty, staff, and students in the event of an emergency or disaster.

System sends voice/text message to your cell/office phone.

www.emergency.appstate.edu to register phone.

All Medical/Discipline/Equipment issues should be addressed directly with the PEA Director by phone as soon as possible (after all parties are safe/treated).

Emergency Contacts.

After emergency services have been contacted inform department administrators of any serious injury.

Name	Role	Mobile	Office
Edgar Peck	PEA Director	336-749-5993	828-262-6330
Melissa Weddell	RMPE Chair	864-986-9068	828-262-6303 828-262-3149
Mandy Harrison	RM Faculty	828-508-2026	828-262-6324
Valerie Kankiewicz	UREC OP	815-997-2522	828-262-4954
Joy James	RM Director	828-719-0888	828-262-6322

Equipment/Supplies. For technology equipment needs see Computer Support Center

Joshua Reese (Varsity Gym Room 102/112)
828-262-3048 reeseja@appstate.edu

RMPE Equipment List/Procedures/Request Forms: <http://classdat.appstate.edu/CHS/RMPE/Reeseja>
Alternative: www.bit.ly/asuperequest

Failure to return equipment or pay restitution will result in formal collection efforts by the Student Accounts Office according to ASU policy. These efforts may result in payroll deduction, termination, and/or a hold being placed on your file. ***You are financially responsible for all equipment you check out.***

Pick up any equipment you need for class from Varsity Gym Equipment Room (Room 102). It will be checked out to you and you will keep it for the semester, or it may be delivered to you, depending on what you teach. SRC/QC-get equipment from equipment room behind front desk.

Lock Combinations	Computer cabinet key in cart	HCC Closets	13579#
Quinn Storage	16-2-20 or 9-11-29	Quinn Aerobics Cabinet	27-13-23
Quinn Cart	6330, 3048, 4021, 2167, or 1979	Varsity Gym Office	2777
HCC Storage	2777 (APPS)/4-5-12	Trailers	2777 (APPS)
VG HP Door	7272*	Tennis	2777 (APPS)
VG cart	2777 (APPS)	Outdoor Programs	2022
VG Fencing Storage	39175#. Boitnotte/Reese have key. UREC master key opens, not VG acad. key.		

Appalachian PEA Instructor Information

Adventure Courses: Outdoor Programs (262-4077) <http://op.appstate.edu/>

UREC SRC OP Access (2022)

Access: If OP is locked, enter behind front desk through laundry room.

Bay Door: If the bay door is open, someone should be nearby. Do not leave it open and unattended.

Be sure all students have left the building before you leave including checking the restrooms.

UREC/OP Rental Equipment Requests (Backpacking)

To request equipment (tents, sleeping bags, sleeping pads) for students enrolled in a PE backpacking course email the OP Equipment Request Form and your trip dates **at least** 7 business days prior to the trip. The form is located on the RMPE website under Faculty and Staff Resources. The equipment will be reserved for students to pick up at no charge. The contact person may change-currently Jacob Norris norrisjw1@appstate.edu

In special circumstances instructors can check out special “program gear” from Outdoor Programs such as first aid kits and head lamps. However, program gear must be checked out by the instructor in person. Contact an OP Director.

UREC/OP Expedition Gear

Rafts, WW kayaks, FW kayaks, SUPs and accessories (PFDs, paddles, etc). Rock Climbing shoes.

Instructors should plan to meet students at SRC OP to make loading easier. This also allows you to size students so you do not need to take extra PFDs etc. which might be needed by other PEA, RM, OP trips.

Follow the preplanned schedule for picking up and dropping off gear.

Do not use PFDs marked “rental”.

There is 1 key for all instructors to use to access equipment cages. This key is only for RMPE faculty.

Located on cages. Combo: 2022.

Hang up wet gear. There are two rolling racks that can be used for PFDs.

There is a schematic of the bay in the RMPE mailbox in SRC OP.

RMPE Outdoor Gear

Stoves, pots, backpacks, trekking poles, single tents, (which are not great), cooking tarps, etc are in HCC 82 (inside classroom 83). You can get fuel from Edgar or Joshua.

Trailers (See also Vehicles)

Box trailers are available. There are limited vans with trailer hitch receivers at the motor pool. To ensure your van has a trailer hitch receiver you need to write it in on the Travel Authorization/Vehicle Request form and call to confirm the week prior. **The hitches are locked onto Motor Pool vans, ensure the hitch is 2” in advance.**

Wire adapters are in each trailer and in the RMPE Van.

Inside each box trailer is a 2” ball and hitch, hitch lock, wiring harness adapter, spare tire, and tool box. The vehicle registration is inside the box trailer. Please use the hitch lock to lock the trailer to the van/truck. Report loss of items so they can be replaced before the next trip. Hitches also located in the RMPE Truck and Van.

Trailers have been moved fall 2019 to the old freshman lot located below the Physical Plant (State Farm). They are located directly behind the Intramural fields.

Medication: Epinephrine/Albuterol is ordered through Student Medical Services by the PEA Director.

Appalachian PEA Instructor Information

Facilities.

Athletics

Baseball Field	Softball class	
KB Stadium/Track	8am-2pm	
Owens Field House	Razed Fall 2019	
Tennis Courts	Razed Fall 2019	(Old Watauga HS Indoor courts?)
Varsity Gym	8am-2pm	
Sofield	No	
Quinn Center MG	UNK/Limited	

Health Promotion Faculty/Staff

Varsity Gym*	9am-11am and 2pm-4:30pm (M-R)		
MG-Main Gym	HP2-Cardio	HP5-Spin Bikes	HP6-Open workout

Holmes Convocation Center

Track/MG	As needed	Jody Miller/Jason Parker
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Levine Hall

Room 340	BCHS Dean's Office Assistance Suite 448-828-262-8145
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Living Learning Annex

Watauga Global College (Aerobics/Yoga)

UREC

SRC (AG)	8am-2pm	Dasher board set up in spring only
SRC (CW)	9:30am-10:45am (T/R)	
SRC (MG)	8am-12pm	
SRC (Pool)	8am-3:15pm (M-TH)	SCUBA Th/Fri evenings (changing days fall 2022)
SRC (WR)	HPE special dates only	(cannot schedule full courses simultaneous in SRC/QC)
QC (WR)	8am-12pm	
QC (AER/RB)	8am-12pm	
HCC (Tennis Cts)	As needed	
Camp Broadstone	Reservations	

Student Union/Duck Pond Field

<http://studentunion.appstate.edu/>

David Tye 828-262-3032

tyedm@appstate.edu

Online Reservation System-must reserve two weeks in advance

Faculty Handbook.

<http://facultyhandbook.appstate.edu/>

Faculty Helpful Hints Fall 2021

This file is usually sent out once a semester. If you do not have a copy, email the PEA Director.

Appalachian PEA Instructor Information

Faculty Contract/Hiring Procedures.

1. Appalachian's RMPE PEA Program continuously recruits qualified individuals to fill adjunct faculty positions. Instructors must hold a minimum of a Bachelor's degree. Potential faculty should email a current resume, a letter of intent, and 5 references (name, position, phone number) to the PEA Director.

2. Hiring paperwork: The PEA Director submits to the department a file containing the following so that a Dean's Rec can be completed by the RMPE Administrative Assistant.

Employee's full name/ local address (banner ID)

List of courses and hours teaching

Resume/Certifications copies

Credentials Justification paragraph when applicable

Official Transcripts

For Appalachian State transcripts: send an email to transcripts@appstate.edu requesting transcripts for employment at ASU for a new hire. If the hiring department requests the transcript there is no charge. Transcripts will be sent via campus mail-transcripts cannot be sent electronically.

Signed VOC no longer required.

Additional Link: <https://registrar.appstate.edu/students/ordering-transcript/alumni-and-former-students>

3. Background checks are completed by Academic Affairs and HR after the Dean's Rec is complete.

4. Faculty should work with the director to verify completion of CPR and the Wellness Literacy modules.

5. Current AppState full-time employees can teach courses outside of normal working hours with permission of his/her supervisor. Permission email from instructor's supervisor, the PEA Director, and RMPE Dept. Chair is attached to the Dean's Rec submitted by the RMPE Dept. This should be done each semester. These instructors may receive a \$0 contract, or regular payment, depending on their status.

Contact Annie Leashomb in Academic Affairs with a list of all FT ASU Employees teaching each semester ensuring that they are entered into the system with NO CONTRACT END DATE to ensure their email/information is not deleted at the end of their teaching duties.

6. Graduate students need permission from the graduate school Associate Dean to teach courses. Graduate students can be paid as adjuncts or on a GA/TA. The minimum GA is ½ (10 hours). 10-hour GA=3 credit hours. Attach permission from Associate Dean of Grad School stating the student is in good standing, including name, banner ID to the Deans Rec.

7. The maximum number of credits an adjunct can teach in one year is 17 hours. Adjunct faculty cannot work hours as non-student temps (Risk Managers) in addition to 17 hours. After the Dean's Recommendation is approved at the college level, Academic Affairs mails a contract, bio sheet, and background check form, to the instructor. Instructor signs and returns it to Academic Affairs in person, or by mail. **If contract is not written and signed before May 31 the instructor's email and system access is sometimes suspended. Contracts are emailed to personal email address (2021).**

8. After returning the contract, the instructor should complete I-9 tax paperwork at Human Resources in person. See Human Resources above for address.

Appalachian PEA Instructor Information

9. After the contract is processed by Academic Affairs (usually 1-3 days) the instructor can obtain a parking pass and ID card (you will need a copy of your contract or a letter from the RMPE administrative assistant). PEA Director adds the instructor to their courses in Banner (gain access to Appalnet, AsULearn, rosters...) after they have been entered in the system.

10. Instructor is added to the Kendall Hunt Wellness Literacy website by the PEA Director.

11. Instructors wishing to use UREC facilities must fill out a membership form each semester at the Student Rec Center or ID Center. Instructors who teach in these facilities, but do not want to join should contact the PEA Director so their name can be added to the sign in list. Adjuncts are now eligible for family memberships.

12. Adjunct faculty are not required to attend the new faculty orientation.

New Faculty Checklist

Course Material-welcome email, syllabus, medical form, fitness assessment, journal, notes, exam, skill test
PEA manual, gradebook, CPR mask, class record book, class roster

DPC	AsULearn PEA Dev Template access
I-9 form	Wellness Literacy site access
Banner/AsULearn	Van training
RMPE roster/RMPE website	Academic Calendar
Program email list serve	Copier use/Swing Office space and printer
HCC swipe access/keys	Mailbox
HCC office/Office Phone	Lock codes/combinations

Final Exam Period.

1 credit PEA courses DO NOT meet during 7 week or Final Exam week. Exam should be given during class.
3 credit PEA courses DO meet during final exam week

Grades must be submitted by before the date set by the Registrar. An email will be sent to notify all faculty. This is not an artificial institutional deadline. Failure to submit student grades has real consequences. Among other things, grades have to go on transcripts sent to employers or graduate schools; grades determine academic standing to continue at Appalachian; and grades affect eligibility for financial aid. We simply cannot have large numbers of student grades undetermined as we move into spring semester.

Transportation is a critical constraint. Approximately one-third of students depend on Appalcart, and the university does not control Appalcart schedules. If Appalcart determines that it is too dangerous to run buses, we immediately have a situation in which large numbers of students likely will miss exams.

Travel plans are often made months in advance by students and faculty. While travel plans often can be changed, alterations to flight schedules, for example, tend to be costly and inconvenient. If adverse weather interferes with final exam schedules, instructors should make every effort to provide reasonable accommodations for students with travel plans.

Faculty members can help minimize the impact of adverse weather or exam session cancellations by developing contingency plans for online examinations or assignments in place of an in-person final exam. Learning Technology Services (LTS) can assist faculty in developing alternatives. Ideally, faculty members should plan ahead to have an option readily available, but help on short notice is also available. AsULearn is our official,

Appalachian PEA Instructor Information

university-wide, online environment. Some faculty members who routinely teach online distance education or hybrid courses will of course use their regular online environments.

Faculty members can find workshop schedules, fill out a consultation request, and locate much other useful information at the LTS website <http://lts.appstate.edu/support>.

The LTS helpline number is 266-4357.

Severe adverse weather may necessitate the cancellation of final exam sessions. The Provost will provide instructions on how to proceed.

Final Examination Special Instructions

Students with Disabilities, Students with Religious Observances, and Distance Education

- a. [The Office of Disability Services \(ODS\)](#) will be closed on Saturday, December 17. In the event that an Adverse Weather Day for make-up exams is declared for December 17, students requiring accommodations provided at ODS (as opposed to in-class accommodations provided by instructors) should contact their instructor and ODS to make arrangements for a proctored examination on Monday, December 19. Contact ODS at 262-3056 or ods@appstate.edu.
- b. Students may have a religious observance on Saturday, December 17. In the event that an Adverse Weather Day for make-up exams is declared for December 17, students who wish to claim a religious observance and arrange for a proctored examination at ODS on Monday, December 19, should contact their instructor and the ODS office.
- c. Distance Education students should be aware that postponement or cancellation of examinations in Boone will not necessarily affect the scheduling of exams for their course(s). Students should look for messages from their instructors (e-mail or other communications, such as through AsULearn) and monitor announcements at <http://extension.appstate.edu/cancellations.php>. Unless officially advised otherwise, students should take final examinations for Distance Education courses as originally scheduled. Faculty monitor the same site for site closures that affect their classes.

First Aid Kits.

Faculty may check out kits from the PEA Director or UREC OP. If checked out from Outdoor Programs the instructor must complete the equipment request form (see equipment) and check out the kit in person. Please document any items that are used on the form contained in each PEA first aid kit and inform the PEA Director.

Fitnessgram.

PEA courses are not currently using the online site to enter scores (2016-).

Student Log In Website (to enter scores): <http://fitnessgram.appstate.edu>

Instructions: File-“Fitnessgram ASU Server” found on RMPE website and syllabus

User ID: ASU username (ex. peckel)

Password: ASU username (ex. peckel)

Fitnessgram Log In

If students cannot log in, it is likely because they are trying to use their ASU password instead of using the ASU Username as the username AND password. Data is not always uploaded during the summer semesters-students can forgo the online system and enter the data in their journals.

Appalachian PEA Instructor Information

Student/Log In Issues

Edgar Peck (peckel@appstate.edu) 828-262-6330

Server/Upload Each Semester after drop/add

Dwight Turner (turnerdh@appstate.edu) 828-262-6291

Rachel Anglin (anglinra@appstate.edu)

Forms.

Forms are available on-line or at the HCC Front Desk. Use **Chrome to download editable forms.**

<http://www.rmpe.appstate.edu/>


<http://healthsciences.appstate.edu/students/student-services-center/student-forms>

General Education Wellness Literacy. *See Wellness Literacy

Google Forms. *See also AsULearn

Google Forms is a great way to gather electronic information from students.

After downloading the Dev-PEA Template, begin in your course AsULearn page.

1. Open the Google Form you wish to use.
2. Edit the form (note which responses are required)
3. Make a copy and then save the form.
4. Click Send
5. Click the link icon 
6. Click Copy
7. In the AsULearn course page add activity/resource; add URL
8. Paste the link into the URL block
9. In Google Forms click Responses
10. Click the green icon to create a spreadsheet. All responses will be sent to this Google Sheet.

Grading.

AsULearn or the Excel Gradebook provided by the PEA Director should be used to calculate student grades. Grades in each area can be “plugged in” and the computer will calculate the numerical and letter grades for you.

Instructors willing to assist with program evaluation please email course gradebooks/copy of the AsULearn gradebook to the PEA Director.

Grading Basics

- A. Students cannot pass the course without completing and passing 3 Wellness Literacy modules.
- B. You can prevent individual student emails by posting an announcement listing the date you will post grades.
- C. Submit official grades in Appalnet.
Directions for noting last date attended, and documenting students who never attended are listed in Appalnet on the final grades screen.
- D. If you need the last day attended you can click on participants (top left side) to see the last day the student visited AsULearn.
- E. Failure to complete assignments is NOT a reason to record a grade of Incomplete (see below).
- F. You are not responsible for emailing students if they fail to turn in an assignment. You can do this, but be cautious about who and when.

Appalachian PEA Instructor Information

Parent Grade Inquiries

If you receive phone calls from parents about students' grades you can NOT discuss any aspect of a student's educational records, grades, assignments, class status, absences, etc., with anyone outside of AppState faculty/staff. Family Educational Rights and Privacy Act (FERPA) laws are what we are following here.

Posting Grades

(Faculty will receive an email from the registrar's office with directions at the start of grading period.)

1. Get online and go to: <http://www.appstate.edu/>
2. Click on "Appalnet" at top
3. Sign in with username/password on left side
4. Click on tab at top that says: "Self Service"
5. Click on tab that says: "Faculty Services"
6. Click "Final Grades" or "Post Grades"

For assistance (changing grades, etc.) call the Registrar's office at 828-262-6818

To Change a grade from a previous semester

Grades can be changed at any point prior to graduation-no grades can be changed after graduation

1. Notify PEA Director
2. a. Log into Banner/appalnet
b. Click the "Self Service" tab top left
c. Click the "Faculty Services" tab top left
d. Click "Grade Change Request"
e. You will receive an email confirming the grade change

If you are a student and want to view your grade

1. Log onto Appalnet
2. Click "Self Service" tab at the top of the page
3. Click "Student" tab
4. Click "Final Grades" or "View Grades"

Grades and Grade-Point Average

The grade-point average (GPA) is a general measure of the student's academic achievement. The GPA is determined by dividing the total number of quality points earned by the total number of quality hours attempted ("quality points" and "quality hours" are derived from courses graded A-F or WF). The GPA is computed only on the basis of coursework taken at Appalachian. Undergraduate grades and grade points are given as follows:

A	Excellent 4.0 grade points per semester hour
A-	Excellent 3.7 grade points per semester hour
B+	Above Average 3.3 grade points per semester hour
B	Above Average 3.0 grade points per semester hour
B-	Above Average 2.7 grade points per semester hour
C+	Average 2.3 grade points per semester hour
C	Average 2.0 grade points per semester hour
C-	Average 1.7 grade points per semester hour
D+	Below Average, but passing 1.3 grade points per semester hour
D	Below Average, but passing 1.0 grade point per semester hour
D-	Below Average, but passing 0.7 grade point per semester hour
F	Failing grade 0.0 grade points

Appalachian PEA Instructor Information

AU Audit, no credit

I Incomplete, assigned only because of sickness or some other unavoidable cause.

An "I" becomes an "F" or "U" if not removed within the time designated by the instructor, not to exceed one semester, except that all incompletes must be removed at the time of graduation.

An Incomplete is not given merely because assignments were not completed during the semester.

Incomplete

Grades of "I" incomplete are to be assigned ONLY because of sickness or some other unavoidable cause, not merely for missed assignments. The instructor should enter "I" as the grade. The instructor should notify the student in writing a timetable for completing the required work and outline exactly what is expected (attendance, assignments...). This must be completed by the end of the next semester. If part of the make-up work is to attend the course during the next semester, the student will not reregister for the course. After the student has completed the required work, the instructor can access the previous semester grades and change the student's grade. The PEA Director should be notified of all incompletes.

Grade Forgiveness. See Repeat Policy

Grade Appeal Procedure.

The PEA Director should be informed by the instructor of students who express grade disputes/issues.

Student Grade Questions

- A. We should welcome questions about grades from students because we want students to understand how their grade is calculated and we want students to be engaged.
- B. If a student has a question about their grade a good starting point is often to email them a breakdown of each assignment grade with a short summary explanation about where they lost points.
- C. Please contact the PEA Director to talk through these situations.
- D. If the student expresses a desire to appeal the grade your first step is to email them the PEA Director name and contact information (CC PEA Director on the email to the student). Do not refer students to the RMPE Chair, Dean, Appeals Committee, etc.

Grade Appeal Procedures/Form: www.academicaffairs.appstate.edu/

Any student considering a grade appeal should understand that each faculty member has the right and responsibility to determine grades according to any method chosen by the faculty member which is professionally acceptable, communicated to everyone in the class, and applied to all students equally. Prejudiced, arbitrary, or capricious academic evaluation by a faculty member, however, is a violation of the student's rights and is a valid ground for a final grade appeal.

Steps to take in final grade appeal

Any student who contests a course final grade shall first attempt to resolve the matter with the instructor. The student must explain her or his position to the instructor and attempt to understand the instructor's reasons for assigning the grade. The purpose of the meeting is to reach a mutual understanding of the student's situation and the instructor's actions and to resolve differences in an informal and cooperative manner. If the student fails to reach a satisfactory solution in consultation with the instructor, the student must present the appeal in writing, using the grade appeal form, to the chair of the department in which the contested grade was awarded. A copy of the necessary form is provided at the end of this document.

Appalachian PEA Instructor Information

The student must file the written appeal with the department chair within 14 calendar days after consulting with the instructor.

The statement must be specific and concise and limit itself to citations of evidence pertaining to valid grounds for the appeal. Through conferring with the student and the instructor, the chair will seek resolution by agreement. The student must provide the chair with a course syllabus and all available tangible materials related to the grade (e.g., exam and term papers) as well a list of any items used in the evaluation for which the student cannot provide documentation (e.g. Unreturned exams, grades on class participation, attendance records).

If there is failure to reach an agreement through consultation with the chair, the student may file the written appeal with the Grade Appeals Committee through the Office of the Dean of the college or school in which the grade was awarded. The student must file this written appeal within 30 calendar days after the beginning of classes in the next semester after the contested grade was awarded.

When possible, the form must be signed and dated by both the instructor and the department chair as well as the student. In accordance with the instructions on the form, the student must present with it the documentary evidence furnished to the department chair and any other evidence relevant to the case.

The dean or her or his designee serves as convener of the Grade Appeals Committee of the college or school. Each full committee consists of the convener (who presides over hearings), the chair of the department in which the contested grade was assigned, three faculty, one undergraduate student, and one graduate student, all from the college or school which the committee serves. The department chair sits in a non-voting capacity, and the convener votes only in the case of a tie. The three faculty members, one alternate faculty member, and two students are appointed by the dean from among volunteers for the assignment. A quorum for each committee shall consist of no less than one student and two faculty members, along with the convener.

The Grade Appeals Committee has authority to screen out frivolous or unsubstantiated appeals. The convener will explain any such finding in writing to the student, the faculty member, and the dept. chair.

If the committee grants a full hearing, the student will appear before it to present all evidence relevant to her or his case. The convener will also invite the instructor to appear and present any evidence in support of her or his grade decision. The committee may ask questions of either or both and will hold its deliberations in executive session after hearing the case. The dean, the department chair, the faculty member and the student will receive prompt written notification of the committee's findings. The committee's decision is binding.

If the committee supports the student's appeal, the instructor will be required to re-evaluate the student according to a specific method. The method of reevaluation will depend on the circumstances of the appeal. Re-evaluation will not be used in a punitive manner toward the student. The student has 14 calendar days to inform the instructor, department chair, and convener in writing whether she or he consents to the proposed method of re-evaluation (which must be completed within the semester of the finding). Should the student not consent to the proposed method of re-evaluation, the instructor, chair, and committee will mutually agree on a method of recalculating the appealed grade. In either case, the resulting grade is final and may not be appealed.

Human Resources.

Located Off-Campus. 330 University Hall Drive in the Human Resources Building (on the right before University Hall). University Hall Drive is the first left on Blowing Rock road after Staples.

Appalachian PEA Instructor Information

Housekeeping.

Housekeeping sets up the Volleyball and Badminton nets in Varsity Gym, SRC and Quinn Center. They should be emailed the Schedule Matrix of courses prior to each semester. Joshua Reese in the VG equipment room also communicates with the housekeeping staff daily to communicate PE needs.

Debbie Carriere	828-262-4048	carriedm@appstate.edu
Randy Combs	828-262-4048	combsrh@appstate.edu

ID Cards.

<https://appcard.appstate.edu/> 828-262-6141

Located on the second floor of the Bookstore. You can get your ID card made after you fill out the HR paperwork and are issued a Banner ID #.

If you teach courses in the SRC or Quinn Center you MUST have an ID card, AND it must have active campus recreation privileges. If you do not want to pay to belong to campus recreation, you can receive special permission to enter from the campus recreation director by contacting the PEA Director.

IDEA.

RMPE Department discontinued use of IDEA fall 2018 and began using App online course evaluation tool.

IDEA Discipline Codes: <http://ideaedu.org/DisciplineCodes>

3105 Health and Physical Education/Fitness (PEA began using fall 2014)

Health and Physical Education/Fitness, General	Adapted Phys. Education/Therapeutic Recreation
Sports and Fitness Administration/Management	Exercise Sci./Physiology & Movement Studies
Socio-Psychological Sports Studies	

1300 EDUCATION

1332 Physical Education/Health/Safety Education

Health Teacher Education	Health Occupations Teacher Education
Physical Education Teaching and Coaching	

3100 PARKS, RECREATION, LEISURE, & FITNESS STUDIES

3103 Parks, Recreation, Leisure, & Facilities Management

Information Technology Services. See Technology Support Services/Learning Tech

Injuries. See Drops or Emergencies

Instructional Assistants.

PE Activity Program Additional Instructors Procedures

Instructional Assistant (Team Teaching)

Any person who is assisting the instructor of record teach a physical education course should be documented with the following procedures. *This includes instructors/assistants not paid.*

Appalachian PEA Instructor Information

Non-Students

The procedures for hiring an assistant instructor is virtually identical to placing an Instructor of Record under contract. The assistant should contact the PEA Director to complete the Dean's Recommendation/Contract.

Students

Experienced students can be extremely effective as classroom assistants. Students can receive elective physical education course credit for assisting. Paperwork is available at the HCC front desk. You need the "Instructional Assistant Form" **AND** "Special Course Form". Contact the PEA director if you have questions. *The Special Course form is available electronically on the Registrar's website.*

The instructional assistance program is designed for students interested in participating, for academic credit, in supervised experiences in the instructional process on the University level through direct participation in classroom situations.

Students with junior or senior standing are eligible to participate in this program. An undergraduate student may include a maximum of 3 semester hours credit under the Instructional Assistance Program toward meeting graduation requirements.

Procedures

Instructional Assistance form and Special Course form required. Special Course form is electronic found on Registrar's page under Electronic Forms. <https://registrar.appstate.edu/resources/forms>

The Instructional Assistant Form (Departmental form) and Special Course form are signed and submitted to the Student Services Area of Beaver College of Health Sciences (or PEA Director), who then submits the Special Course form to the Registrar, who will register the student. Note: the course is PE 3520 (NOT the PEA course # assisting with). The course title is "Instructional Assistant". Section can be left blank. Please list the part of term (first half/second half/full semester). List the meeting days/times for the course which the student will be assisting with.

ASU Catalog Description

PE 3520. Instructional Assistance (1).F; S; SS.

A supervised experience in the instructional process on the university level through direct participation in a classroom situation. Graded on an S/U basis. Prerequisite: junior or senior standing. May be repeated for a total credit of three semester hours. Approved contract required.

Instructor Hiring/Paperwork. See Faculty Contracts

International Trip Courses.

Mark Hagen, Assistant Director of Education Abroad/Faculty Led Programs

International Education and Development

hagenm@appstate.edu 828-262-8034

Learning Technology Services. See also AsULearn

Faculty Workshops/Training

Faculty members can find workshop schedules, fill out a consultation request, and locate other information

Appalachian PEA Instructor Information

LTS website <http://lts.appstate.edu/support>
LTS helpline 828-266-4357

If site appears in grey (H) it is not an active course. Under Administration, Settings, Availability, Make Course Available so that all teachers/students can view.

Logo/QR Code.

<http://rmpe.appstate.edu/faculty-staff/faculty-resources>

Mail.

All RMPE faculty members have a mailbox in the Holmes Convocation Center. Please check it.

Maps.

PDF or physical campus maps are available on the RMPE website or from the PEA Director.

Map-Works. See Student Referrals

Media Services. See Computer Support Services

Medical Forms. See Syllabus

Medical Withdrawal. See Dropping a Course

Motor Pool. See Vehicle Reservations

Motor Pool 262-3195

Multi Media Carts.

For more information contact the PEA Director or Josh Reese-262-3048

Office.

Adjunct office space is now available in HCC 33, 34, 63. This space should contain several computers with internet access and a printer. You can also meet with IT to have your laptop set up to print directly to the copy machine. New users should have this set up in the initial meeting with IT when they receive their laptop.

Office Hours.

Full time faculty should schedule 1.5 office hours for each 3cr course assigned.

Overrides. See Capacity Overrides.

Parking Pass.

<https://parking.appstate.edu/parking-permits/faculty-staff>

(828-262-2878)

Appalachian PEA Instructor Information

PT faculty receive a reduced rate on their parking pass based on how many classes they are teaching each semester. This instructor pass is good for gated and ungated lots. Bring your App ID card to get the pass.

Graduate Assistant Pass (billed automatically to student's account)

Access to Hill St, Greenwood, and Stadium lots. Available for graduate students teaching as adjuncts. To receive a parking pass you should take your ID card and contract with you to the parking office. If you do not have your contract you can take a letter from the RMPE Department office. Instructors renew their pass in person each semester.

Pay.

ASU Faculty Pay Rate:	Doctorate/Terminal Degree	\$1,240 per semester hour (previously \$1181)
	Master's Degree	\$1,116 per semester hour (previously \$1063)
	Bachelor's Degree	\$992 per semester hour (previously \$945)

Pay increases are for advanced degrees in your teaching area. Change fall 2022.

Part-time instructors can elect to be paid by direct deposit. Fill out the Direct Deposit form in Human Resource Services, or from the HRS website, attach a voided check, and return to HRS-Kathy Hamby (262-6485).

www.hrs.appstate.edu/forms/employment/checkdeposit.pdf

Instructors who sign their contracts prior to the beginning of the semester are typically paid over the course of the whole semester. This is typically five (5) payments, usually 2 at the end of the first month, then 1 at the end of the next 3. Fall example: Two payments at the end of Sept, 1 at the end of Oct, 1 at the end of Nov, and 1 in the middle of Dec because of the holidays.

Instructors who are full-time employees in another area on campus are typically paid via a onetime pay form at the end of the semester. These employees will receive the total amount in the final pay period of the semester. Employees who would like correspondence from HR (like your W2) mailed to their home address instead of the RMPE Department (HCC) mailbox should contact Cindy Harper in HRS (262-6487). Let Cindy know you would like to change your check distribution address so that payroll will send the check to your home. You can confirm that your address is correct on Appalnet, Self Service tab.

Summer Pay:

Summer pay is considered "one time" pay, and is taxed at a different rate than "annualized" year round pay. This may result in your net pay to be significantly lower during times you are paid "one time."

The BCHS 2018 Summer Pay Policy is available for your review on the BCHS website. This policy applies to full-time faculty only. Adjunct faculty pay is not prorated based on enrollment.

<https://healthsciences.appstate.edu/faculty-staff/faculty-and-staff-resources>

More information is posted at <http://summersessions.appstate.edu/resources> under Academic Dept Resources.
Lynette Orbovich, Director, Office of Summer Sessions

Pay Direct Deposit Information Online Using Employee Self Service

Effective July 2010 payroll, all Appalachian employees currently on direct deposit and receiving paper stubs will now have the advantage of viewing their direct deposit info online using Employee Self Service.

There are many benefits to receiving your direct deposit stub online. An electronic view of pay information provides timely, simultaneous delivery of pay data to all employees. This method offers the ability to view and

Appalachian PEA Instructor Information

print current as well as prior direct deposit stubs. Employees can preview or access current earnings info, including taxes, deductions, year-to-date totals and distribution of net pay, 3 days prior to each payday.

To view your direct deposit information online do the following:

- i) Login to Employee Self Service
- ii) Click Employee Tab
- iii) Pay Information
- iv) Pay Stubs
- v) Select Year
- vi) Click Display
- vii) Click Date Link for Desired Pay Stub

We also wish to remind University employees of the Direct Deposit requirement, which ensures timely deposits into your bank accounts on the morning of payday. Students should contact the Payroll Office to set up direct deposits, and all other employees should contact Human Resource Services to set up this service. If you have questions or concerns, please feel free to contact the Payroll Office at 6422.

Peer Review.

Full-time PEA faculty should contact the assigned lead observer and chosen second observer early in the semester to choose an observation date during the end of the first 7 weeks or second 7 weeks (even if that date falls outside of the typical observation window). Information: RMPE Ustor cloud

One reviewer should be from the PEA Area. Review material should be included in the DPC portfolio.

Personal Information/Phone Contacts.

PT PEA faculty contact information (email addresses) is listed on the RMPE website. Doing a name search on the ASU homepage sometimes results in instructors' home or cell phone numbers. If this listed incorrectly, please contact the PEA Director or Anni Leashomb in Academic Affairs-262-8018.

Photos of Class. See class photos

Policy Manual: Appalachian State University.

<http://policy.appstate.edu/>

Office of General Counsel has begun developing a more user-friendly numbering system and format that may be easily cited; organize policies, procedures and related materials under a table of contents according to subject matter; and make the manual more comprehensive by including university policies that have not been published in the Resource Manual. The result is a new Appalachian State University Policy Manual that includes all content from the existing Resource Manual and new entries of existing policies related to Academic Affairs, Athletics, Information Technology and Students.

Users will quickly see that the Policy Manual is a work in progress. The Office of General Counsel invites your questions, comments and suggestions for improvements as we move forward with maintenance and continual updating of the manual. We stand ready to assist colleges, departments and other units in development and publication of policies that are required for accreditation or otherwise needed for appropriate governance of the institution and daily operations. Anyone who wishes to propose revision of an existing policy or adoption of a new policy should review the Policy on Policies and the accompanying template. Please send email questions and comments to deaskc@appstate.edu or call 828.262.2751 for assistance. Dayton Cole, General Counsel.

Appalachian PEA Instructor Information

Professional Development. See also Conferences

Center for Academic Excellence Emily Wilson: wilsones1@appstate.edu

<https://cae.appstate.edu/>

<https://workshops.appstate.edu/>

By logging in, employees can view all workshops they have attended.

Human Resources

<https://hr.appstate.edu/hr-services/professional-development>

Programs of Study.

Formerly “Check sheets” look up any major or minor.

<http://programsofstudy.appstate.edu/>

<http://healthsciences.appstate.edu/students/student-services-center/checksheets>

QR Codes.

<https://app.qr-code-generator.com/>

Recreation Management and Physical Education Department.

<http://rmpe.appstate.edu/>

Registrar’s Office.

Student Services Area (Schedule/CTF Questions/Changes) Kevin Delgado

828-262-6818

regteam@appstate.edu

(email all CTF changes)

Religious Observances. See Syllabus Policy Statements

Repeats. See also Audits

Students are only allowed 4 career repeats at Appalachian. Students cannot receive credit for the same course twice. The most recent grade counts toward GPA, not the highest. Repeat problems are often associated with Skiing/Snowboarding. They sign up for beginning, then want to be switched to Intermediate because they already took beginning. Switching students in skiing after the start of the spring semester is a bad idea, and makes it difficult on bus drivers, FSSS, etc. See below, students have received multiple emails from the registrar telling them they need to switch way before the start of the semester.

When repeating a course students will receive an email

Dear student,

Our records indicate that you are currently enrolled in a course for which you have (previously earned credit OR attempted OR transferred equivalent) at Appalachian. The repeated course information is listed below.

PE 1754 WEIGHT TRAINING Fall 2014

Unless you drop the course(s), the following will apply once the final grade is posted:

-The earned hours for the initial attempt of the course will be removed from your record.

-The grade in the initial attempt will be automatically processed for Grade Forgiveness (i.e., excluded from your GPA) for a maximum of 4 courses during your academic career at App.

Appalachian PEA Instructor Information

-The grades for all attempts of the course will remain on your transcript.

The courses that will be automatically processed for Grade Forgiveness are listed below.

PE 1754 WEIGHT TRAINING Fall 2014

If you DO NOT want to have Grade Forgiveness processed for one or more of these courses, you must submit the Grade Forgiveness Exception Form (found at: registrar.appstate.edu) to the Registrar's Office in room 109 of John Thomas Hall, no later than the end of the Drop/Add Period for the term in which you are repeating the course.

Note: The course that has been automatically selected for Grade Forgiveness may change based on any adjustments you make to your schedule. If you have questions, please contact the Records Area of the Registrar's Office at 262-2051.

Risk Management Plan.

A Risk Management Plan should accompany all courses traveling more than 1 hour from definitive care. See the "Emergency" section of this manual for contacts. Email the completed form to the PEA Director prior to your trip. Templates are available from the Director.

The plan should include:

Course	Instructors/Risk Manager(s) Name and Phone
Date(s)	Specific Location(s)
Itinerary	Driving Directions
Emergency Phone Numbers	ASU Administrators Phone Numbers
List of Students	Medical History Form/Signed Acknowledgement of Risk

Risk Managers.

In outdoor activities courses that require students to be more than 1 hour from definitive medical care, at least one University Employee with Wilderness First Responder (or above) training must be present. This employee can be the Instructor of Record or "Risk Manager".

Supervision Requirements for Off-Campus Class-Related Educational Experiences (Effective: Fall 2012)

Industry standards should be followed at all times. In addition:

A. Outdoor Adventure Activities within One Hour of Definitive Care:

Require supervision by an ASU employee. First Aid Kit required.

B. Outdoor Adventure Activities More than One Hour from Definitive Care:

1. Require two ASU employees OR 1 ASU employee and a contracted professional(s)
2. One leader must hold a current CPR certification and a current medical training license/certification at the Wilderness First Responder or higher level (i.e. EMT/Paramedic/Physician). First Aid Kit req.

Risk Manager Job Description/Function: This Appalachian employee assists the course instructor with risk management during a trip that takes students to an off-campus location, which is more than one hour from definitive care. Duties may include helping the instructor/trip leader identify potential risks, analyze them, and take precautionary steps to reduce the risk of injury when possible. Duties may also include providing medical care during an emergency or accident.

Risk Manager Qualifications: Minimum Qualifications-Knowledge of CPR and first aid techniques. *

***Preferred Qualifications:** Wilderness First Responder or higher certification (i.e. EMT, Paramedic).

Appalachian PEA Instructor Information

Risk Managers must be approved by the RMPE Department each semester, even if the risk manager worked during the previous semester. Contact the RMPE office (HCC 42), 262-3149 each semester to renew your paper work as an approved “Risk Manager”. Risk Manager paper work must be completed at least 2 weeks prior to the “trip”.

Risk Managers/Temporary Employees Procedures

Risk managers who are not current ASU students are categorized as “Non-Student Temp” employees.

1. Background Check required
2. Online Application
3. HR Packet/I-9 Forms/Background checks completed in HR packet.
4. Driver’s license and travel authorization copies will be kept on file in the RMPE department.

Risk Manager Pay (\$11-\$13 per hour-typically \$12hr)

Beginning fall 2014 risk managers will now be paid for UP TO 16 hours per day on a day they spend the night. Working over 8 hours in a day is allowed, but RM should work less than 40 hours during the two week pay period. Risk managers must fill out a timesheet online AND submit a paper timesheet to the RMPE Department.

Risk Managers must complete the required paperwork PRIOR to working. It is the course instructor’s responsibility to ensure the Risk Manager has completed the paperwork. Risk Managers must submit signed timesheets to the RMPE Office.

Timesheets

Fill out paper version:

For work 1st-15th of month-due by 5pm on 15th or first working day if trip lasts through weekend.

For work 16th-end of month-due by last day of the month or first working day if trip lasts through weekend

REMEMBER: You have to fill out the timesheet online AND hand in a signed printed copy.

1. Sign into BANNER Self Service to access electronic timesheet, enter appropriate time-submit for approval.
2. Fill out the paper time sheet to match what was submitted and worked, sign along with your direct supervisor and submit to RMPE Admin. Assistant. Turn in directly, slide under office door, place in mailbox, or email it.

Link for the paper timesheet,

<http://payroll.appstate.edu/sites/payroll.appstate.edu/files/SMHourlyWageEmployeeTimeRecord2014.pdf>

Risk Manager Email



Risk Manager info
RMPE 2018.docx

New Hire Packet 2018



New-Hire-Packet-06
-08-2018.pdf

Roster. See also Class Roster or Waitlist

1. Click on “Appalnet” at top right [App State website](#)
2. Log In with Username and password on your left.
3. Click on “Self Service” tab on top left.
4. Click on “Faculty Services” at top center of page
5. Click on “Summary Class List/Class Photos....” -from here you can email students

Appalachian PEA Instructor Information

If you have problems viewing/printing, try this way:

1. Click on “My ASU” on top right
2. Click “Web Self Service” on center right
3. Click “Web Self Service Log in Page” on center right
4. Log In then click “Faculty Services” top center
5. “Class Photos” link on left

S Drive. See Classdat (no longer used-check google drives)

Schedule

1. www.registrar.appstate.edu/ OR go to homepage and click A-Z Index at top right
2. Click “Search Classes by Term” in the center of page
3. Select Semester and Year
4. Select Subject=Physical Education; Do not change other fields-brings up entire PE schedule.

CBAS Changes (changes requiring Dean approval-POT, SEC, TYP, etc) (Begin SUM 2022)

cbas.appstate.edu

Banner Changes (for changes that can be make by department personnel)

bannerxe.appstate.edu

Summer: Use the Late Schedule Build Form for course (faculty) changes to Summer that you are unable to make in SZASECT.

<https://docs.google.com/forms/d/e/1FAIpQLScQ8lo4QTe0wvRGJJbOEYUySkLOlbNDJEMQ0eVNjBx-xrHgk2A/viewform>

Schedule Build

Due Dates for Building Schedule: <https://registrar.appstate.edu/faculty-staff/course-term-file>

<https://registrar.appstate.edu/faculty-staff/schedule-build>

Also BCHS Google Drive

Banner CTF Training

Kenneth Kirksey <https://registrar.appstate.edu/faculty-staff/banner-student-online-training>

CBAS Training

Sharon Jensen 828-262-7698

jensensc@appstate.edu

Irregular Meeting Dates

Courses meeting outside of regular semester dates (ex. winter break) must fill out: *Academic Course Meeting Dates Exception form* and email it to the director prior to the start of the semester.

Submit with schedule in semester prior. <http://www.registrar.appstate.edu/eforms/index.html>

Summer Schedule

At times athletics requests additional courses. Contacts: Brady Rourke and Stacy Sears.

Appalachian PEA Instructor Information

Banner Summer: Summer faculty changes/additions are completed using the Late Schedule Build form.

R25 Scheduling System

25 Live shows the schedule in all buildings on campus (searchable). You can also request space. I also have ability to create and approve events in HCC.

Cody Buchanan, Space Management Applications Analyst
(828) 262-7684 buchanandc@appstate.edu

SDAP Scholars with Diverse Abilities Program.

<http://sdap.appstate.edu>

SDAP provides students (Scholars) with mild to moderate intellectual disabilities access to a 2-year inclusive college educational experience. When the students complete the program, they receive a Collegiate Achievement Award.

SDAP student registration is typically coordinated with the PEA Director. PEA faculty should be notified by the director if they have a SDAP student in their course(s).

SDAP students typically Audit courses (do not receive a letter grade). SDAP students DO want to complete as much of the coursework as possible, and DO want to fully participate in the class activities. Instructors should make modifications/extension available to make this possible. They often do NOT complete the Wellness modules. Often SDAP students have an assistant with them in class (important to note for courses using a van).

Reich College of Education
828-262-8389
sdap@appstate.edu

Student Conduct Code. See also Academic Integrity

www.studentconduct.appstate.edu

Student Development Travel Form. See Travel

Student Referrals. See also Counseling Services/[Early Intervention Team](#)

MAP-Works

MAP-Works allows us to identify concerns about students who are having mild transitional issues, and provide timely and targeted support to them.

Instructors say they use MW to

- learn more about areas in which students are struggling,
- help students link their behaviors and habits to their academic outcomes,
- create central referrals so student with academic or mild transitional needs can receive assistance from the appropriate support office(s) on campus, and
- send emails of recognition to students who are working especially hard or going the extra mile

If you instruct first-year students (freshmen or transfer), you already have access to MAP-Works. To access your MW account, go to map-works.appstate.edu and use your App credentials to log in. Start by going to the

Appalachian PEA Instructor Information

“Student Tracking” tab. A number of functions can be completed from this page by clicking on any student’s name and selecting your desired function from the drop down menu.

Selecting the "Activity" button from the drop down menu mentioned above, choose “View All Activity.” From this screen you can

- email student and their instructors with accolades or kudos for exemplary effort or performance
- enter concerns/referrals to others on campus (Central referrals sent to MAP-Works Coordinator)

By choosing the “Dashboard” option from the same drop down menu, you can learn a lot about your students’ transition to University life. Feel free to explore the program and click around. It’s both intuitive and informative.

A User’s Guide, along with information on how others are utilizing MAP-Works at Appalachian, can be found at www.map-works.appstate.edu under the “Faculty/Staff” tab. There are also faculty mentors available to train and guide you through the process.

If you have questions or would like to schedule a training for your department or office, feel free to contact the MAP-Works Coordinator, Belinda Ballew at ballewbm@appstate.edu. Individual sessions are available if you would like to have someone walk you through the use of any feature within MW.

Student Union.

Room reservations <https://studentunion.appstate.edu/>
828-262-3032

Summer Session.

2018 Pay: 2.67% of 9-month salary for each credit hour (or 8%/3chr course). 38.4% max summer pay
[https://policy.appstate.edu/Supplemental Pay](https://policy.appstate.edu/Supplemental_Pay)

Summer Schedule is built in Oct-Nov of previous year. Typically posted online Dec.

Summer Registration dates coincide with fall semester early registration.

Registrar’s Summer Sessions Team: summerschool@appstate.edu

828-262-7698

Survey Monkey.

surveymonkey.com/

Username: hles_faculty

Password: rmpe_hes_faculty

old: hles_research

Syllabus.

The PEA activity course syllabus template is reviewed and modified periodically. Please check carefully to ensure you are using the current version. Templates are available on the RMPE website (Faculty & Staff).

Syllabus Elements

1. Fitness Tests/Goals

Fitnessgram will be used whenever possible, other tests can supplement these assessments.

Assessments can be conducted as a one or two times.

Use the personal fitness goals directions/assessment tool provided, modify as needed, or make your own.

Appalachian PEA Instructor Information

2. Personal/Social Responsibility

Use the Responsibility Assessment Tool scale on the syllabus as a guide.

Record student's behaviors in the class record book when relevant. If reducing points, talk to the student about their behavior so they have an opportunity to correct it/improve.

3. Journal/Log

Use the Journal/Log assessment tool example provided, modify as needed, or make your own.

4. Skill Assessments

Choose 2-5 skills you think are most important to assess. Keep it simple.

Using stations may be an effective/quick method for assessing skills.

Practice assessing the skills throughout the course (formative).

Complete a final assessment near the end of course for a grade (summative).

Skills can be assessed during game/activity over a several week period for authentic assessment.

5. Written Exam

This should measure the knowledge you think is important to participate in the activity.

Modify the syllabus template and AsULearn description to reflect the type of exam you are administering.

Providing students written notes and other material will improve their knowledge, understanding, and grades.

The Kendall Hunt Activity Module exams allow two (2) attempts. Most PEA courses administering the exam on AsULearn allow two (2) attempts in an effort to be consistent across the program.

6. Wellness Literacy

Every student in the class must complete three Wellness Literacy Modules. This is a class requirement and is part of the student's grade. Any student who does not complete and pass the WL Modules fails the course.

7. Record of Attendance

Record when students are present/absent, and when they are late in the class record book.

Faculty should consider requiring prior notice of an absence if he/she allows students to make up points.

8. Late Work Policy

Modify this section to describe your policy. Be cautious about giving students 0 points, if they do not do the assignment, they do not learn.

9. Medical Information form (change 2020)

Only students who have a medical concern need to fill out this form. Instructor should use information to modified activities when possible to reduce further injury.

In cases of serious disability/condition inform the PEA Director.

Courses more than 1 hour from definitive care should use the RMPE in depth medical form.

Syllabus Policies

Current Appalachian Course Syllabi Policies and Statements: <http://academicaffairs.appstate.edu/syllabi>

See also current PEA Syllabus Template. Academic Integrity Code.

Attendance Policy. See also Attendance Policy

Appalachian PEA Instructor Information

Accommodations for Students with Disabilities.

Maranda Maxey
Director of the Office of Disability Resources.
828-262-3056
maxeymr@appstate.edu

Statement on Student Engagement with Courses.

In practical terms, students should expect to spend two to three hours of studying for every hour of class time. **ONLY students with a medical condition/injury need to fill out the Medical Information form.**

Instructors should keep a copy of the medical forms with them while teaching. Form is available on RMPE website. Courses >1 hr from definitive care should use the RMPE in depth Medical Extended Trips form.

Extra Credit Statement (Example)

If you complete the assignments during the semester, you will do well in this class. There will not be any opportunities to receive extra credit. Instead, please focus your time and energy into completing the assignments to the best of your ability. The late work policy and due dates are outlined in the syllabus. Let me know if you have specific questions about any assignment.

Email Policy (see Emailing students section of this document)

Technology Support Services.

RMPE Department IT support
<http://support.appstate.edu/> (submit a support request)

The most effective way to get help is to fill out a Support Service request form; list HCC 16 as the location, IT will email or call you usually help within the same day. "Submit a Support Ticket"

Tony Grant	828-262-7932	grantab@appstate.edu
Brent Pope	828-262-6050	popebt@appstate.edu
Pamela Graham	828-262-7926	

Teaching Tech Support (AsULearn) <https://cae.appstate.edu/about/faculty-and-staff>

Sarah Arrington	arringtonsa@appstate.edu	(Submit a support request: support.appstate.edu)
Derek Eggers	828-262-3041	eggersdc@appstate.edu (previous)

Help Desk (Anne Belk Hall)

Answers Basic Computer Program "How To" Questions: 828-262-6266
Mon-Fri 8:00am-5:00pm While classes are in session
Mon-Th 5:00pm-11:00pm Use option #4 after 5pm

Technology Application and Service Catalog - Academic Services Technology Portfolio

support.appstate.edu/service-categories	(1022 Anne Belk Hall).
Monday-Thursday 8am to 9pm	Sunday: 1pm to 9pm
Friday 8am to 5pm	Saturday: Closed

Faculty, staff, and students' source for their technology needs. Media equipment-video/cameras, iPads, laptops, projectors, etc. are available for checkout to faculty, staff, and students. APP ID required to check out equipt.

Appalachian PEA Instructor Information

CSC will also assist with wireless and wired internet connections, warranties, troubleshooting general computer problems, virus and spyware removal, data migration from one computer to another, operating system and software installations, computer hardware troubleshooting, technology consulting.

Temporary Employees. See Risk Managers

Trailers. See Equipment

Transfer Admissions & Engagement.

Transfer Admissions & Engagement Office

<http://transferservices.appstate.edu/>

transfer@appstate.edu

828-262-7737

Travel.

The course trip process has changed (fall 2021). Blanket TA were not used.

Anytime a course requires student travel off campus a Travel Authorization Form should be completed even if an ASU vehicle is not being used. **Blanket Travel Authorizations Forms for each faculty member are completed by the PEA Director for all PEA courses off campus.** The RMPE administrative assistant fills out Travel Authorizations for all Risk Managers during the hiring process.

<https://controller.appstate.edu/forms/all-forms> (Blanket Travel)

Form (Dynamic Form) (list Abby as RMPE Supervisor and Carin Pool for BCHS “Dean”)

Check Status (Dynamic Dashboard)

Academic Affairs Leann Ellis 262-7330

Suggest filling out blanket travel forms in April before everyone leaves. Can do July 1st 2021 to June 30th 2022, this covers an entire year, including summer. See previous forms for wording.

Blanket Travel Authorizations: Can be used for faculty led course trips. Yearly dates July 1-June 30 or by semester. The authorization may cover a specified time period or multiple travel dates provided a schedule, itinerary, or other similar supporting documentation is attached. Student or other risk managers also need a TA, which is filled out by the RMPE admin assistant during the hiring process.

Please fill out the 3rd Party Lodging form prior to making campground or other 3rd party lodging reservations. This needs to be filled out and submitted at minimum 3 weeks before taking your trip. Campgrounds ARE considered 3rd party lodging, State or privately owned. Submit with travel authorization.

Travel-Student Development

Form is completed by instructor when students are traveling outside of Boone and staying Overnight.

At the beginning of the course (prior to the trip) instructors will fill out the Student Development Student Travel Form listing the participants going on the trip. Beginning in Spring 2013 this form is filled out online by the instructor. The instructor does not have to send a copy to the PEA Director or RMPE Dept.

Appalachian PEA Instructor Information

Student Development uses this information in the case of an emergency.

1. <http://studentdev.appstate.edu/about-student-travel>
2. Click Access the Online Student Travel Form (Note: ASU login is required)
3. Log In, you may have to click “Access the Online Student Travel Form” again after you log in
 - A. Title: Course Name/Number/Section (Ex. Canoeing PE 1724-111)
 - B. Department Sponsor: Recreation Management & Physical Education
 - C. Secondary Contact: Edgar Peck Banner ID: 900432414

Professional Travel

Professional Travel Outside of Class: In depth information is available on the RMPE Google Drive.

Contact Lindsay Jenkins (RMPE Admin) for assistance.

https://docs.google.com/forms/d/1gEZu2X4eeRH8be17Sot_mqIVchrY4hGO-1qVzVLrA/viewform?edit_requested=true

Professional Travel Procedures

1. Complete Travel Authorization more than 2 weeks prior to trip
2. Upon return complete Travel Reimbursement form
3. State vehicles are available for business travel.

University Recreation Facilities.

Instructors may join the University Recreation Centers for a fee. Adjunct faculty are now eligible for a family membership as well.

Instructors who teach in these facilities, but do not want to join UREC should contact the PEA Director prior to the start of the semester to be added to the sign in list.

<https://urec.appstate.edu/membership-and-fees>

RMPE Courses Utilizing UREC Facilities

Facilities requests should be added to the schedule matrix instead of completing the UREC Facilities Request Form. Contact Edgar Peck to be added to the Scheduling Matrix.

UREC Facilities Request: (Requests for PEA/RMPE CTF submitted via Schedule Matrix by PEA Director)

1. <http://urec.appstate.edu>
2. Click “Facilities” on left
3. Read the policies carefully and fill out

USTOR/ASU Cloud. See Computer Access

Vehicle/Van Reservations. See also Travel

Driver’s License must be on file in the department. New drivers form is submitted by the department. This process may involve a driving record check, online exam, and in person driving test. Existing drivers must submit the recertification/license check form prior to each fall (coordinated by PEA Director).

Appalachian Drivers Training process

1. Send driving record check form to Sandy Evans (6435) at University Police (**required each year**).

Appalachian PEA Instructor Information

2. Upon completed/returned, send a copy to Steven Nixon through campus mail or scan/email.
3. Complete online driver's course. Hit next on each screen to get to the test at the end. This can be done at any time. <https://vansafety.appstate.edu/>
4. Once the above steps are completed, schedule driving evaluation with Safety Office or Joy James or Edgar Peck in the RMPE Dept.
5. Trainer will submit in person driving evaluation form to Steven Nixon.
6. Electronic certificates of completion will be issued via email to the employee being certified. The employee's supervisor and motor pool will be copied on the email communication and have a copy of the certificate as well.

Steven J. Nixon, SMS, Occupational Safety Manager
Appalachian State University
Office 828-262-7649 Cell 828-266-5173
nixonss@appstate.edu

Motor Pool and RMPE Vehicle Requests are completed online by the Director for all PEA courses.

RMPE Van-Truck-Trailer-Canoe Reservations (Google Sheet and Google Calendar)

The Vehicle Matrix for the RMPE department reservations is completed by the PEA Director and distributed. ALL vehicle/trailer reservations for PEA courses are completed by the PEA Director.

- RMPE Van/Truck keys are located in the key box in the mailroom (code 13579#) box (035)
- Review travel procedures on the RMPE website prior to making a reservation request or using the vehicle
- Log your trips on the clipboard in the truck/van. Note and report any damage
- Clean the vehicle when you are finished
- Van/Trucks Location: State Farm, HCC, Hill Street, or Edwin Duncan.
 - Home football games may effect parking. Meet students off-campus.

Motor Pool Reservations (Google Sheet and Google Calendar)

Pick Up IS FROM 7:30 am TO 4:00 pm Monday thru Friday

Cancellations should be done within 24 hours via EMAIL or PHONE CALL or the dept. will be charged

Please present Driver's License and App Card of ALL DRIVER'S of the vehicle(s) at time of PICK UP. Appalachian Driving Training approval card is required to pick up the van (begin Sp 2019)

Motor Pool

Motor Pool Phone: 828-262-3195
Motor Pool Hours: 7:30am-4:00pm

Motor Pool online request form

Vehicle requests need to be completed in the semester prior to ensure a vehicle will be available. If no 12 passenger vans are available, there are often mini vans available or contact UREC, or a dept. with a van.

<http://aim.appstate.edu/motorpool/>

Vehicle keys can only be picked up M-F 7:30am-4pm. If your trip is on a Saturday OR Sunday, you need to pick the van keys up on Friday 7:30am-4pm, not on Saturday or Sunday. It is ok to leave the van parked at the motor pool, but pick up the keys. To drop off the vehicle, park it-return keys to drop box on the maintenance building at far end of motor pool. Bring the driver's license of anyone driving the van when you pick it up.

Appalachian PEA Instructor Information

University personnel are prohibited from operating a 15-passenger van outside the Town of Boone with more than **11 occupants** (10 passengers and 1 driver). Carrying of cargo on the van roof is prohibited at all times. University personnel may operate a 15-passenger van with 15 occupants (14 passengers and 1 driver) within the Town of Boone. The 15 passenger van policies apply to any van, not only ASU owned vehicles.

Minivan	maximum occupancy	7 total (6 passengers and driver)
12 passenger vans	maximum occupancy	12 total (11 passengers and driver)
15 passenger vans	maximum occupancy	11 total (10 passengers + driver)

RMPE Trailers

Box trailers and boat trailers are available. Check the keys out from the PEA Director. There are only 3 vans with trailer hitches at the motor pool. To ensure your van has a trailer hitch you need to write it in on the Travel Authorization/Vehicle Request form and call to confirm the week prior. Lock combo: 2777/APPS

Other Van Resources

UREC, Geology and Biology have multiple vans they sometimes allow others to use. Reserve MP vans for the next semester ASAP once the schedule is done. Mini vans are owned by system office and they set rules for sedans and mini vans. App state owns the 12 pass vans. They are governed by different regulations.

Waitlist.

If a student in the course drops, before DROP/ADD period is over the system notifies the first wait list student by email. He/she then has 18 hours to register. If that student does not, the system then notifies the next student on the list. If 2 students drop, 2 are notified. This is automatic and the instructor does not need to monitor it. Instructors should recheck the class roster after the drop/add period to see recent changes.

To see the students enrolled on the waitlist:

Appalnet-Faculty Services-Detailed Faculty Schedule-

Click blue "Waitlist" below "Enrollment Counts"

Banner Screens (Waitlist history, notifications sent/expiration, etc)

SFAWLPR

SFIWLNT

Website.

PEA Faculty

Resources are available under Faculty & Staff: PEA Manual, Syllabi, Accident Reports, etc.

Website Updates/Maintenance (PEA Director/RMPE Administration)

Log In www.rmpe.appstate.edu/user

Assistance <https://webservices.appstate.edu/>

Website Updates: Adding Faculty-Content; Add content; Profile.

Wellness Literacy.

ASU students are required to take 2 credits of Wellness Literacy as part of the "General Education" curriculum.

The following Physical Education courses hold the Gen Ed. Wellness Literacy Attribute

PE 1530-1549 (1546-49 beginning fall 2015)

PE 1700-1877

Appalachian PEA Instructor Information

Wellness Literacy Online Learning Modules (Kendall Hunt-Great River Technologies)

<https://www.khpcontent.com/> (start fall 2020)

<http://www.grtep.com> (old)

Encourage students to purchase this resource at khpcontent.com. This provides instant access. IF students purchase through the bookstore, they should do so in person. Ordering the Wellness Literacy modules remotely through the bookstore often results in the code being mailed to the student, taking several days to a week.

Any student enrolled in a physical education activity course must complete/pass (80%) three Wellness Literacy Modules. This is a course requirement that is a part of every student's grade. This applies even if the student has already completed the General Education Wellness Literacy Requirements in another course.


Once a student has completed all six modules, they will not be required to repeat any module regardless of how many physical education activity courses they take.

Failure to complete three modules while enrolled in any activity course will result in a grade of "F". If the student has already completed all six modules they can simply turn in the Progress Report. **All students must complete and document completion of 3 modules to pass any PE activity course.**

Personal Discovery Assessment

Module	Estimate Time to Complete Module PDA
Module 1 & 4: Wellness 101	30-60 Minutes
Module 2: Fitness Management	7+ Days
Module 3: Nutrition Management	7+ Days
Module 5: Weight Management	30-60 Minutes
Module 6: Stress Management	5+ Days

Logging In: New website summer 2015

1. Log in-username has changed to your AppState email address
2. Under Online Publications-Click the "play"  button next to Appalachian State
3. You should see tab options for Wellness Modules/Activity Modules/Author Profiles/Progress Report.
4. The Progress Report tab includes options to search or download a PDF of your report.

Help Line 1-800-344-9051

websupport@greatrivertech.net

If no response within 48hrs the faculty member or student should email the PEA Director.

Encourage students with problems to contact the web support so they can fix those issues as they arise.

Kendall-Hunt Contact Information (PEA Faculty ONLY)

Lara McCombie 563-580-9626 Cell/563-589-7086 office LMcCombie@kendallhunt.com
Kati Benzer 563-589-1249 KBenzer@greatriverlearning.com Tech Support
Scott Townsend townsndjs@appstate.edu
Derek Mohr mohrdj@appstate.edu

Appalachian Bookstore, Betsy Craft, Textbook Manager
828-262-3070 (1, 1)
craftef@appstate.edu

Appalachian PEA Instructor Information

Registrar File Upload

Each semester after drop/add Jerry Hampton (6293) (hamptonjt@appstate.edu) has replaced Dwight Turner should send the file of all students registered for PEA courses to Kendall Hunt to be uploaded. This allows faculty to search for progress reports by class.

Bookstore Order: Appalachian Textbook Manager Betsy Craft 828-262-3070 ext. 18
Mohr, D. J., & Townsend, J. S. (Ed.). (2015). Wellness Literacy 3.0. Kendall Hunt Publishing Co.
Access at <https://www.khpcontent.com/> ISBN: 9781524904401

When order form comes out, email the CTF to Betsy so they can manually enter the WL code requirement into each PEA course section so students can see in the system what books they need. Wait to enter any faculty into banner until after early registration begins so they are not messaged about book orders by the bookstore.

Wellness Literacy Transfer Students

Any student transferring PE ACTV (PE activity courses) from another institution must complete three modules for each transfer course in order for that course to count for General Education Wellness Literacy. Students who transfer in two+ courses should complete all six modules.

Change-transfer students entering Appalachian summer 2017 or after do not need to complete the modules for their PEA courses to count. Athletics, even if given PEA credit, do not count for Appalachian Wellness Literacy credit.

Transfer students receive a standardized email from the PEA Director, sent by Melissa Hicks in the Registrar's Office a week after the semester has begun. Director must contact Melissa to request email be sent each semester. Once modules are complete the student must email the PEA Director with their ASU ID# to have their file adjusted to show Gen Ed WL credit.

Entering Appalachian General Education Wellness Literacy attribute in Banner 9.*

SZATDEC form in Banner 9

Enter Banner ID and click search

Select Transfer Course-look for PED NCCC courses

Make New Decision

Type P E ACTV in AS Course: (note space between P and E and A) or App equivalent course (only if needed)

Comment: "Add Appalachian Wellness Literacy Attribute"

Select "For this student only" and click Save

The form will go to OTS, who will enter the attribute in the student's record

Email the student and let them know the change will be in Degreeworks in 2 weeks.

An email from OTS will go out to the student to let them know this is complete

Only for students who entered Appalachian prior to summer 2017 with PEA credit.

Questions: Selena Dollar in Office of Transfer Services

Weight Management Module Issues

At times you may receive information from students who have issues with the nutrition and/or weight management modules. They may mention potential triggers for people with eating disorders. We do allow students who are uncomfortable skip this portion of the PDA by simply entering 0s. However, BMI is a standard measure of body composition and caloric intake is an important concept in the management of body composition. We would be doing students a disservice by not teaching them about healthy weight management.

Appalachian PEA Instructor Information

Avoiding the issue will not improve the person's ability to work toward a healthy relationship with nutrition and weight management. The PEA Director has more information you can use to craft a response.

Wireless Access.

1. Turn on computer and sign in
2. Wait a few minutes you should see the network connection icon (bottom right of screen) turn yellow ball, then blue ball, then connected bars appear when connection is made
3. If connection is not automatic, the network connection icon should have a yellow !
4. Click "create new connection" on left under "Network tasks"
5. It should say welcome to new connection wizard
6. Click "wireless networks in range"
7. Select network by clicking on it, then click "connect"

Zoom.

<https://appstate.zoom.us/>

Create a Personal Meeting Room (for virtual office hours)

Log In and click Personal Meeting Room (top center)

Highlight, right click, and copy Invite Link. Paste that link into AsULearn.

Zoom backgrounds: Covers the area behind you on camera.

<https://commtoolbox.appstate.edu/photos-and-videos>

<https://support.appstate.edu/services/catalog/zoom-web-conferencing>

<https://confluence.appstate.edu/display/public/ATKB/Zoom+Web+Conferencing%3A+Classes%2C+Group+Work%2C+Collaboration>

Appalachian PEA Instructor Information

Excerpts: Appalachian State Employee Manual.

<http://facultyhandbook.appstate.edu/>

See also “Policy Manual”

The faculty handbook is currently under review (some material may be inaccurate)

4.4 Part-Time Faculty

4.4.1 See Appendix C (*The University of North Carolina Policy Manual*, section 400.3.1.1) concerning required discussions relating to the primacy of teaching.

4.4.2 Definition and Titles

4.4.2.1 A part-time faculty member is defined as a person with a faculty appointment and whose workload is less than 12 semester credit hours or the equivalent per semester.

4.4.2.2 Appointments may be made to fixed-term faculty ranks with title designations including, but not limited to, "lecturer," "artist-in-residence," "practitioner-in-residence," "writer-in-residence," and any of the faculty rank designations provided in sections 3.4.2.4 through 3.4.2.7 with the prefix-qualifier "adjunct," "clinical," or "research," under the conditions and with the incidents herein provided. Such an appointment characterized by any of the foregoing title designations is appropriate for one who has unusual qualifications for teaching, research, academic administration, or public service but for whom neither the professorial ranks nor the instructor rank is appropriate because of the limited duration of the mission for which the appointment is made, or because of concern for continued availability of special funding for the position, or for other valid institutional reasons (see section 3.4.2.8).

4.4.2.3 Titles under which part-time faculty are appointed can be found in section 3.4.2.8. The vast majority of part-time faculty are appointed at the rank of lecturer or adjunct instructor.

4.4.3 Terms of Contracts

4.4.3.1 The terms and conditions of each appointment to a part-time faculty. *Faculty Handbook* – Chapter IV – 09/18/09 – Page 74 position shall be set forth in a written contract. A copy of the contract, including rank, salary (when possible), and contract date, signed by the Chancellor or the Chancellor’s delegate, shall be delivered to the faculty member. Contracts for part-time faculty are for fixed terms and may range from one semester to five years. Any special terms and conditions shall be clearly stated in the contract. The chair or dean who recommends the appointment shall be responsible for initiating the inclusions of special terms and conditions in contracts.

4.4.3.2 Initial appointments may be for a fixed term of up to three years. Subsequent appointments to fixed terms of from one to five years' duration may be made either in direct succession or at intervals. Each shall be considered an initial appointment. This institution shall not be obliged to give any notice before a current term expires as to whether appointment will be offered for a succeeding term (see section 3.4.2.8).

4.4.3.3 Part-time faculty will share with full-time faculty all rights guaranteed under the concept of academic freedom and all responsibilities as defined in section 3.3, entitled “Academic Freedom and Responsibility of Faculty.”

Appalachian PEA Instructor Information

4.4.3.4 Part-time faculty teaching more than six (6) hours per semester have the right to hold faculty offices and to vote in general faculty meetings, meetings of departmental and college/school committees on which they serve, and faculty elections, with the exception of election of members to departmental personnel committees, as stated in Article II, Section 2. and Section 3. of the Faculty Constitution.

4.4.3.5 During the period of their employment, part-time faculty shall have full access to benefits of the dispute resolution processes outlined in section 3.9 of this *Faculty Handbook*.

4.4.4 Benefits

The policy of the State of North Carolina is such that part-time faculty must have a workload of nine hours or the equivalent per semester and have a contract for an academic year in order to be eligible for benefits (see Chapter VIII). Part-time faculty with a contract of shorter duration are not eligible for such benefits as health coverage, disability salary continuation plan, group life and other insurance plans (see Chapter VIII).

4.4.5 Services

4.4.5.1 Part-time faculty are eligible for the following services listed in Chapter VIII, sections 8.6, 8.7 and 8.8: Auxiliary Services, University Bookstore, AppCard Office, Food Services, Controller, and Administrative Services. Part-time faculty are also eligible for all services provided by the State Employees Credit Union.

4.4.5.2 Current part-time students, faculty, instructors, adjunct faculty, staff and temporary employees are allowed to use recreational facilities. Their dependents and spouses are NOT eligible to use the recreational facilities and to obtain an Appalachian State University ID card. *Faculty Handbook* – Chapter IV – 09/18/09 – Page 75 (typo)

4.4.6 Salary Checks

Part-time faculty salaries are paid in accordance with the schedule outlined in the employment offer contingent upon the completion of all appropriate forms and documents.

4.4.8 Parking

4.4.8.1 Part-time faculty are eligible to receive a campus parking permit. Vehicle registration fees may be payroll deducted. For a copy of the *Appalachian State University Parking and Traffic Regulations*, go to: <http://www.parking.appstate.edu>.

4.4.8.2 Faculty with semester contracts will also have the option for payroll deduction. This deduction will be taken out in three installments for semester or year permits (no refunds). To be eligible for payroll deduction a faculty member must obtain a form from the appropriate dean and bring it to the University Parking and Traffic Department to fill out the necessary paperwork.

5.7 Student Discipline

Members of the faculty should report general disorderly behavior and student misconduct to the Director of Student Judicial Affairs in the Office of Student Conduct. Students should report similar cases to the Director of Student Judicial Affairs.

Procedures for dealing with general student disciplinary matters are addressed in the Appalachian State University Code of Student Conduct. Procedures for dealing with cases of academic misconduct (such as cheating, plagiarism or fabrication of data, etc.) are addressed in *Faculty Handbook* – Chapter V – 09/18/09 – Page 106

Appalachian PEA Instructor Information

For additional information regarding student discipline, refer to the publication, *Responding to Disruptive or Inappropriate Student Behaviors: General Tips and Guidelines for University Personnel* which is available from the Office of Student Development at <http://www.studentdev.appstate.edu>.

Appalachian State University's Academic Integrity Code which is available at www.academicaffairs.appstate.edu/resources/integrity/.

In cases of student misconduct in the classroom, laboratory, or other class setting, the instructor may immediately require the student in question to leave the classroom and at the close of class, the instructor should notify the Director of Student Judicial Affairs in the Office of Student Conduct. The instructor has the right to temporarily exclude a student from a class for disruptive behavior until the situation is dealt with and resolved in a timely manner. If the instructor plans to initiate disciplinary proceedings against the student, the instructor will submit, in writing, a statement of fact regarding the incident. Members of the faculty may choose to contact the Appalachian State University Police Department in cases of student misconduct when students are disruptive or disorderly. Appalachian State University's Academic Integrity Code sets forth the standards of academic integrity at Appalachian State University and describes attendant responsibilities for faculty and students.

5.13 Final Grades

5.13.1 Reporting Final Grades

Final semester grades are reported to the Registrar's Office no later than 1:00 P.M. on the day following the Faculty Grading period. At the end of each semester, the student's grades are available via AppalNET or from the Telephone Registration System. (Note, however, that North Carolina law prohibits the release of grades, transcripts or diplomas to students with unpaid accounts.)

Faculty members who cannot meet the final grade submission deadline should contact the Registrar's Office for an extension of time for reporting grades.

5.13.3 Final Grade Appeal Procedure

5.13.3.1 Any student considering a grade appeal should understand that each faculty member has the right and responsibility to determine grades according to any method chosen by the faculty member which is professionally acceptable, communicated to everyone in the class, and applied to all students equally. Prejudiced, arbitrary, or capricious academic evaluation by a faculty member, however, is a violation of the student's rights and is a valid ground for a final grade appeal.

5.13.3.2 Steps to take in final grade appeal

(a) Any student who contests a course final grade shall first attempt to resolve the matter with the instructor. The student must explain her or his position to the instructor and *Faculty Handbook* – Chapter V – 09/18//09 – Page 110 attempt to understand the instructor's reasons for assigning the grade. The purpose of the meeting is to reach a mutual understanding of the student's situation and the instructor's actions and to resolve differences in an informal and cooperative manner. If the student fails to reach a satisfactory solution in consultation with the instructor, the student must present the appeal in writing (using the Grade Appeal Form) to the chair of the department in which the contested grade was awarded. [A copy of the Grade Appeal Form is available in Appendix E of this *Faculty Handbook* and at <http://www.academicaffairs.appstate.edu/resources/>.]

(b) The student must file the written appeal with the departmental chair within 14 calendar days after consulting with the instructor. The statement must be specific and concise and limit itself to citations of

Appalachian PEA Instructor Information

evidence pertaining to valid grounds for the appeal. Through conferring with the student and the instructor, the departmental chair will seek resolution by agreement. The student must provide the departmental chair with a course syllabus and all available tangible materials related to the grade (e.g., exam and term papers) as well as a list of any items used in the evaluation for which the student cannot provide documentation (e.g., unreturned exams, grades on class participation, attendance records).

(c) If there is failure to reach an agreement through consultation with the departmental chair, the student may file the written appeal with the Grade Appeals Committee through the Office of the Dean of the college or school in which the grade was awarded. The student must file this written appeal within 30 calendar days after the beginning of classes in the next semester after the contested grade was awarded. When possible, the form must be signed and dated by both the instructor and the departmental chair as well as the student. In accordance with the instructions on the form, the student must present with it the documentary evidence furnished to the departmental chair and any other evidence relevant to the case.

(d) The dean or the dean's designee serves as convener of the Grade Appeals Committee of the college or school. Each full committee consists of the convener (who presides over hearings), the chair of the department in which the contested grade was assigned, three faculty, one undergraduate student, and one graduate student, all from the college or school which the committee serves. The departmental chair sits in a non-voting capacity, and the convener votes only in the case of a tie. The three faculty members, one alternate faculty member, and two students are appointed by the dean from among volunteers for the assignment. A quorum for each committee shall consist of no fewer than one student and two faculty members, along with the convener.

(e) The Grade Appeals Committee has authority to screen out frivolous or unsubstantiated appeals. The convener will explain any such finding in writing to the student, the faculty member, and the departmental chair.

(f) If the committee grants a full hearing, the student will appear before it to present all evidence relevant to her or his case. The convener will also invite the instructor to appear and present any evidence in support of the instructor's grade decision. The committee may ask questions of either or both and will hold its deliberations in executive session after hearing the case. The dean, the departmental chair, the faculty member and the student will receive prompt written notification of the committee's findings. **THE COMMITTEE'S DECISION IS BINDING.** If the committee supports the student's appeal, the instructor will be required to re-evaluate the student according to a specific method. The method of re-evaluation *Faculty Handbook* – Chapter V – 09/18//09 – Page 111 will depend on the circumstances of the appeal. Re-evaluation will not be used in a punitive manner toward the student. The student has 14 calendar days to inform the instructor, departmental chair, and convener in writing whether she or he consents to the proposed method of re-evaluation (which must be completed within the semester of the finding). Should the student not consent to the proposed method of re-evaluation, the instructor, departmental chair, and committee will mutually agree on a method of recalculating the appealed grade. In either case, the resulting grade is final and may not be appealed.